



Landesschwimmverband
Niedersachsen e.V.

Protokoll

Landesmeisterschaften der Masters „Lange Strecke“ 31.01. und 01.02.2009

Veranstalter: Landesschwimmverband Niedersachsen e.V.
Ausrichter: SC Langenhagen e.V.

Hallenfreibad Godshorn
(Berliner Allee 80, 30855 Langenhagen)

Wettkampfstätte:

Bahnenlänge: 25 m
Bahnenzahl: 5
Wassertiefe: 1,80 – 3,50 m
Wassertemperatur: ca. 27° C
Art des Beckenumlauf: Finnenrinne
Handzeitnahme (Kampfrichter werden um das Mitbringen von Uhren gebeten!)

Anzahl der Meldungen

Anzahl der Starts pro Abschnitt: Einzel/Staffel
Anzahl der Teilnehmer: weiblich/männlich

Landesschwimmverband Niedersachsen (LSV-Nr. 9)

Verein	DSV-Id	Teilnehmer	Abs.1	Abs.2	Abs.3	Gesamt
1. Nienburger SC		1/0	1/ 0	0/ 0	0/ 0	1/0
1. WV Wunstorf	3664	3/2	4/ 0	1/ 0	5/ 0	10/0
Celler SC	3683	2/0	2/ 0	1/ 0	0/ 0	3/0
Cloppenburger Schwimmverein	0000	0/1	3/ 0	1/ 0	1/ 0	5/0
Eintracht Hildesheim	3694	1/4	3/ 1	0/ 0	0/ 0	3/1
Hannoverscher SV v. 1892	3705	2/1	2/ 0	2/ 0	2/ 0	6/0
Heidmühler FC	3709	4/2	8/ 1	7/ 1	5/ 1	20/3
Helmstedter SV		15/2	11/ 3	3/ 2	4/ 1	18/6
Holtorfer SV	5047	0/1	1/ 0	0/ 0	0/ 0	1/0
MTV Bad Pyrmont	3720	2/0	3/ 0	0/ 0	0/ 0	3/0
MTV Goslar	3729	1/4	7/ 1	0/ 0	0/ 0	7/1
S.C. Hellas Einbeck	3771	4/1	6/ 1	0/ 0	0/ 0	6/1
S.C. Hellas Salzgitter	3773	2/0	3/ 0	2/ 0	2/ 0	7/0
SC Altwarmbüchen	3953	1/1	4/ 0	0/ 0	2/ 0	6/0
SC Barsinghausen	3766	1/2	3/ 0	2/ 1	0/ 0	5/1
SC Langenhagen	3775	4/6	13/ 1	3/ 0	5/ 1	21/2
SC-Seevetal	5064	0/2	1/ 0	1/ 0	2/ 0	4/0
SG Böhmetal	5452	0/1	2/ 0	1/ 0	2/ 0	5/0
SG Diepholz	3794	0/0	0/ 1	0/ 0	0/ 0	0/1
SG RethenSarstedt	5812	0/1	1/ 0	0/ 0	0/ 0	1/0
SG Weser-Ems/Oldenburg	3818	1/7	10/ 1	2/ 0	2/ 0	14/1
SGS Bückeburg	3806	0/1	2/ 0	0/ 0	1/ 0	3/0
SGS Hannover	3807	3/4	8/ 0	3/ 0	5/ 1	16/1
SGS Verden Dörverden	3816	0/1	2/ 0	0/ 0	0/ 0	2/0
SGS Verden/Dörverden	3816	1/3	5/ 0	2/ 0	2/ 0	9/0
SSF Obernkirchen	3828	1/1	5/ 0	2/ 0	2/ 0	9/0
SSG Braunschweig	3830	1/11	8/ 0	1/ 1	4/ 0	13/1
Stader SV	3835	0/1	2/ 0	0/ 0	0/ 0	2/0
SV Ganderkesee 69 e.V.	3843	1/1	1/ 0	1/ 0	2/ 0	4/0
SV Garbsen	5416	1/4	3/ 0	3/ 0	4/ 0	10/0
SV Großburgwedel	3864	0/1	1/ 0	0/ 0	1/ 0	2/0
SV Neptun Emden	3872	0/1	1/ 0	0/ 0	1/ 0	2/0
SV Wasserfreunde von 1898 Hannover e.V.	3886	2/5	8/ 0	2/ 0	5/ 1	15/1
TSG Westerstede	3904	0/1	1/ 0	0/ 0	0/ 0	1/0
TSR Olympia Wilhelmshaven	3905	0/1	1/ 0	0/ 0	1/ 0	2/0
TSV Achim 1860 e.V.	3907	3/4	7/ 0	3/ 0	4/ 1	14/1
TSV Anderten	3909	2/0	2/ 0	1/ 0	0/ 0	3/0
TSV Hohenhameln	3926	3/3	8/ 0	0/ 0	1/ 0	9/0
TSV Pattensen	3936	2/1	6/ 0	0/ 0	0/ 0	6/0
TSV Quakenbrück	3759	1/5	4/ 0	2/ 1	6/ 0	12/1
TSV Salzgitter	3940	1/0	3/ 0	2/ 0	1/ 0	6/0
TuS Neuenhaus 1907	3971	0/1	1/ 0	0/ 0	0/ 0	1/0
TV Jahn Wolfsburg	3996	1/3	3/ 0	1/ 0	3/ 0	7/0
TVV Neu Wulmsdorf		0/4	3/ 1	0/ 0	0/ 0	3/1
VfL Wolfsburg e.V.	4025	1/0	1/ 0	0/ 0	0/ 0	1/0
VfV Hildesheim	4026	1/3	4/ 0	1/ 0	1/ 0	6/0
Waspo 08 Göttingen	4044	3/2	5/ 0	0/ 0	2/ 1	7/1
Wilhelmshavener SSV	4040	3/2	8/ 0	1/ 0	4/ 0	13/0
Gesamt alle Vereine		75/102	191/11	51/6	82/7	324/24

Kampfgericht Abschnitt 1

Position	Name	Verein
Schiedsrichter weiblich	Arlt, Nils-Anré	LSN
Schiedsrichter männlich	Topp, Sven	LSN
Starter weiblich	Ostwald, Frederik	LSN
Starter männlich	Ostwald, Frederik	LSN
Schwimmrichter 1	Klußmann, Laura	SSF Obernkirchen
Schwimmrichter 2	Langer, Beatrix	SC Altwarmbüchen
Sprecher 1	Kohl, Melanie	SC Langenhagen
Auswerter 1	Werke, Götz	LSN
Protokollführer	Winkler, Nico	SC Langenhagen

Zielgericht

Zielrichterobmann	Friedrichsen, Dirk	SG Weser-Ems/Oldenburg
Zielrichter 1	Günther, Sarah	SSF Obernkirchen
Zielrichter 2	Hagen, Dirk	SC Langenhagen
Zielrichter 3	Schiller, Sigrun	Helmstedter SV
Zielrichter 4	Schmökel, Jan	TSV Achim 1860 e.V.

Zeitgericht 1

Zeitnehmerobmann	Antonschmidt, Leif	SG Weser-Ems/Oldenburg
Zeitnehmer Bahn 1	Teufert, Yoshiko	Cloppenburger Schwimmverein
Zeitnehmer Bahn 2	Otte, Monika	Helmstedter SV
Zeitnehmer Bahn 3	Krix, Uta	Wilhelmshavener SSV
Zeitnehmer Bahn 4	Ostwald, Claudia	TSV Hohenhameln
Zeitnehmer Bahn 5	Elsner, Helga	SSG Braunschweig
Reservezeitnehmer 1	Potthast, Susanne	TSV Pattensen

Zeitgericht 2

Zeitnehmerobmann	Mielecke, Ralf	SV Wasserfreunde von 1898 Hannover e.V.
Zeitnehmer Bahn 1	Ulrichs, Klaus	Heidmühler FC
Zeitnehmer Bahn 2	Kaiser, Marion	MTV Goslar
Zeitnehmer Bahn 3	Helmold, Andreas	S.C. Hellas Einbeck
Zeitnehmer Bahn 4	Horst, Ilona	SGS Hannover
Zeitnehmer Bahn 5	Gratz, Marlis	SGS Verden Dörverden
Reservezeitnehmer 2	Kelm, Jana-Elena	Waspo 08 Göttingen

Wendegericht

Wenderichterobmann	Bertram, Annelie	VfV Hildesheim
Wenderichter Bahn 1	Boknecht, Heinz	TSV Quakenbrück
Wenderichter Bahn 2	Boknecht, Heinz	TSV Quakenbrück
Wenderichter Bahn 3	Bertram, Annelie	VfV Hildesheim
Wenderichter Bahn 4	Gierke, Dorit	1. WV Wunstorf
Wenderichter Bahn 5	Gierke, Dorit	1. WV Wunstorf

Wettkampfbecken

5 Bahnen à 25m Wellenkillerleinen Handzeitnahme Temperatur: 27°C

Abschnitt 1

- Wettkampf 1 4x200m Freistil weiblich
- Wettkampf 2 4x200m Freistil männlich
- Wettkampf 3 400m Lagen weiblich
- Wettkampf 4 400m Lagen männlich
- Wettkampf 5 200m Brust weiblich
- Wettkampf 6 200m Brust männlich
- Wettkampf 7 400m Freistil weiblich
- Wettkampf 8 400m Freistil männlich

Wettkampf 1 - 4x200m Freistil weiblich

240 +

Platz	Schwimmerin	Verein	Endzeit
1.	Ak 240 +, Mannschaft	(249) Helmstedter SV	14:33,91
	Koch, Sigrid - Jg. 1941 -	100m: 01:47,99 (01:47,99)	200m: 03:44,94 (01:56,95)
	Gunhild, Schridde - Jg. 1944 -	300m: 06:04,78 (02:19,84)	400m: 08:21,81 (02:17,03)
	Kallenbach, Barbara - Jg. 1950 -	500m: 09:52,75 (01:30,94)	600m: 11:35,38 (01:42,63)
	Dräger, Heike - Jg. 1952 -	700m: 12:53,41 (01:18,03)	800m: 14:33,91 (01:40,50)

200 +

Platz	Schwimmerin	Verein	Endzeit
1.	Ak 200 +, Mannschaft	(203) Helmstedter SV	13:13,75
	Krack, Susanne - Jg. 1956 -	200m: 02:51,21 (02:51,21)	
	von Bodenhausen, Almuth - Jg. 1960 -	400m: 06:40,71 (03:49,50)	
	Bergmann, Barbara - Jg. 1956 -	600m: 09:53,43 (03:12,72)	
	Steinmaur, Dr. Ines - Jg. 1961 -	800m: 13:13,75 (03:20,32)	

160 +

Platz	Schwimmerin	Verein	Endzeit
1.	Ak 160 +, Mannschaft	(160) Helmstedter SV	11:57,29
	Burggraf, Anne - Jg. 1967 -	100m: 01:24,55 (01:24,55)	200m: 02:59,41 (01:34,86)
	Napirata-Fricke, Silke - Jg. 1964 -	300m: 04:34,63 (01:35,22)	400m: 06:20,17 (01:45,54)
	Claudia, Löw - Jg. 1967 -	500m: 07:54,44 (01:34,27)	600m: 09:34,47 (01:40,03)
	Beckmann, Ramona - Jg. 1978 -	700m: 10:44,17 (01:09,70)	800m: 11:57,29 (01:13,12)

120 +

Platz	Schwimmerin	Verein	Endzeit
1.	AK 120 +, Mannschaft 1	(141) S.C. Hellas Einbeck	10:36,40
	Günther, Corinna - Jg. 1984 -	200m: 02:35,65 (02:35,65)	
	Reichelt, Hannelore - Jg. 1953 -	400m: 05:29,04 (02:53,39)	
	Günther, Jessica - Jg. 1982 -	600m: 08:19,13 (02:50,09)	
	Lange, Daniela - Jg. 1976 -	800m: 10:36,40 (02:17,27)	

100 +

Platz	Schwimmerin	Verein	Endzeit
1.	AK 100 +, Mannschaft 1	(117) Heidmühler FC	11:03,53
	Schortmann, Beate - Jg. 1965 -	100m: 01:15,53 (01:15,53)	200m: 02:38,03 (01:22,50)
	Hirsch, Nina-Cathrin - Jg. 1980 -	300m: 03:58,70 (01:20,67)	400m: 05:27,24 (01:28,54)
	Klingenberg, Melanie - Jg. 1987 -	500m: 06:49,86 (01:22,62)	600m: 08:19,23 (01:29,37)
	Klingenberg, Jennifer - Jg. 1987 -	700m: 09:36,95 (01:17,72)	800m: 11:03,53 (01:26,58)

Wettkampf 2 - 4x200m Freistil männlich

240 +

Platz	Schwimmer	Verein	Endzeit
1.	Ak 240 +, Mannschaft 1	(249) MTV Goslar	12:20,25
	Josten, Peter - Jg. 1959 -	100m: 01:14,18 (01:14,18)	200m: 02:50,31 (01:36,13)
	Kaiser, Hans-Jürgen - Jg. 1950 -	300m: 04:12,06 (01:21,75)	400m: 05:41,97 (01:29,91)
	Grösser, Herbert - Jg. 1940 -	500m: 07:15,88 (01:33,91)	600m: 08:55,28 (01:39,40)
	Niggemann, Jürgen - Jg. 1938 -	700m: 10:34,09 (01:38,81)	800m: 12:20,25 (01:46,16)

160 +

Platz	Schwimmer	Verein	Endzeit
1.	Ak 160 +, Mannschaft (171)	Eintracht Hildesheim	10:02,84
	Knorr, Hans-Rüdiger - Jg. 1956 - 100m: 01:22,68 (01:22,68) 200m: 02:55,65 (01:32,97)		
	Deppe, Jens-Uwe - Jg. 1972 - 300m: 04:08,04 (01:12,39) 400m: 05:28,18 (01:20,14)		
	Witte, Stefan - Jg. 1958 - 500m: 06:37,62 (01:09,44) 600m: 07:49,93 (01:12,31)		
	Görke, Christian - Jg. 1979 - 700m: 08:55,24 (01:05,31) 800m: 10:02,84 (01:07,60)		
2.	AK 160 +, Mannschaft (177)	TVV Neu Wulmsdorf	10:16,82
	Beyer, Volker - Jg. 1966 - 100m: 01:13,51 (01:13,51) 200m: 02:32,37 (01:18,86)		
	Bertling, Udo - Jg. 1969 - 300m: 03:41,43 (01:09,06) 400m: 05:09,03 (01:27,60)		
	Beier, Klaus - Jg. 1960 - 500m: 06:24,43 (01:15,40) 600m: 07:52,15 (01:27,72)		
	Wegener, Jens - Jg. 1964 - 700m: 08:59,37 (01:07,22) 800m: 10:16,82 (01:17,45)		

120 +

Platz	Schwimmer	Verein	Endzeit
1.	Ak 120 +, Mannschaft 1 (126)	SG Weser-Ems/Oldenburg	08:32,53
	Schröder, Tammo - Jg. 1983 - 100m: 00:58,73 (00:58,73) 200m: 02:00,64 (01:01,91)		
	Focke, Thilo - Jg. 1978 - 300m: 03:05,38 (01:04,74) 400m: 04:17,83 (01:12,45)		
	Pater, Frank - Jg. 1967 - 500m: 05:20,71 (01:02,88) 600m: 06:29,69 (01:08,98)		
	Maleszka, Stephan - Jg. 1982 - 700m: 07:29,13 (00:59,44) 800m: 08:32,53 (01:03,40)		
2.	Ak 120 +, Mannschaft 1 (131)	SC Langenhagen	09:54,92
	Stangel, Arne - Jg. 1988 - 100m: 01:10,07 (01:10,07) 200m: 02:30,60 (01:20,53)		
	Paehr, Thomas - Jg. 1955 - 300m: 03:46,26 (01:15,66) 400m: 05:13,44 (01:27,18)		
	Battermann, Florian - Jg. 1974 - 500m: 06:18,20 (01:04,76) 600m: 07:34,08 (01:15,88)		
	Hanft, Mathias - Jg. 1988 - 700m: 08:41,38 (01:07,30) 800m: 09:54,92 (01:13,54)		

nicht am Start

Ak 120 +, Mannschaft 1 SG Diepholz

Wettkampf 3 - 400m Lagen weiblich**Ak 60**

Platz	Schwimmerin	Jg/Ak	Verein	Endzeit
1.	Reineke, Elisabeth	1949/AK60	SSF Obernkirchen	06:56,13
	100m: 01:38,83 (01:38,83) 200m: 03:28,01 (01:49,18) 300m: 05:19,83 (01:51,82) 400m: 06:56,13 (01:36,30)			

Ak 55

Platz	Schwimmerin	Jg/Ak	Verein	Endzeit
1.	Morche-Bloch, Sabine	1950/AK55	TSV Achim 1860 e.V.	06:53,38
	100m: 01:32,11 (01:32,11) 200m: 03:26,25 (01:54,14) 300m: 05:16,18 (01:49,93) 400m: 06:53,38 (01:37,20)			
2.	Hilke, Gabriele	1953/AK55	TSV Salzgitter	08:15,31
	100m: 02:59,23 (02:59,23) 200m: 04:04,88 (01:05,65) 300m: 06:19,21 (02:14,33) 400m: 08:15,31 (01:56,10)			

Ak 50

Platz	Schwimmerin	Jg/Ak	Verein	Endzeit
1.	Krack, Susanne	1956/AK50	Helmstedter SV	06:45,15
	100m: 01:36,99 (01:36,99) 200m: 03:27,63 (01:50,64) 300m: 05:14,54 (01:46,91) 400m: 06:45,15 (01:30,61)			

nicht am Start

Tiedtke-Crede, Angelika 1957/AK50 TSV Anderten

Ak 45

Platz	Schwimmerin	Jg/Ak	Verein	Endzeit
	nicht am Start			
	Koal, Sabine	1961/AK45	TV Jahn Wolfsburg	

Ak 40

Platz	Schwimmerin	Jg/Ak	Verein	Endzeit
1.	Schortmann, Beate	1965/AK40	Heidmühler FC	06:23,45
	100m: 01:26,24 (01:26,24) 200m: 03:05,03 (01:38,79) 300m: 04:55,95 (01:50,92) 400m: 06:23,45 (01:27,50)			
2.	Burggraf, Anne	1967/AK40	Helmstedter SV	06:54,66
	100m: 01:34,96 (01:34,96) 200m: 03:19,77 (01:44,81) 300m: 05:21,14 (02:01,37) 400m: 06:54,66 (01:33,52)			

Ak 35

Platz	Schwimmerin	Jg/Ak	Verein	Endzeit
1.	Sachtleber, Kai	1971/AK35	SG Weser-Ems/Oldenburg	05:59,50
				100m: 01:21,51 (01:21,51) 200m: 02:57,39 (01:35,88) 300m: 04:40,56 (01:43,17) 400m: 05:59,50 (01:18,94)
2.	Baehr, Katy	1972/AK35	SV Wasserfreunde von 1898 Hannover e.V.	06:28,88
				100m: 01:29,02 (01:29,02) 200m: 03:15,91 (01:46,89) 300m: 04:59,85 (01:43,94) 400m: 06:28,88 (01:29,03)
3.	Latta, Heike	1974/AK35	MTV Goslar	06:51,48
				100m: 01:32,74 (01:32,74) 200m: 03:23,91 (01:51,17) 300m: 05:17,93 (01:54,02) 400m: 06:51,48 (01:33,55)
4.	Hillmayr, Betina	1971/AK35	SC Langenhagen	07:13,08
				100m: 01:35,42 (01:35,42) 200m: 03:29,80 (01:54,38) 300m: 05:34,48 (02:04,68) 400m: 07:13,08 (01:38,60)

Ak 30

Platz	Schwimmerin	Jg/Ak	Verein	Endzeit
1.	Dr. Norden, Dagmar	1975/AK30	Wilhelmshavener SSV	06:54,77

Ak 25

Platz	Schwimmerin	Jg/Ak	Verein	Endzeit
1.	Janitzki, Alexandra	1980/AK25	Waspo 08 Göttingen	05:21,01
				100m: 01:14,37 (01:14,37) 200m: 02:40,65 (01:26,28) 300m: 04:08,15 (01:27,50) 400m: 05:21,01 (01:12,86)
2.	Hannich, Wiebke	1981/AK25	SSG Braunschweig	05:42,30
				100m: 01:19,75 (01:19,75) 200m: 02:48,17 (01:28,42) 300m: 04:25,59 (01:37,42) 400m: 05:42,30 (01:16,71)
3.	Ismer, Henriette	1980/AK25	S.C. Hellas Salzgitter	05:46,83
				100m: 01:19,46 (01:19,46) 200m: 02:46,50 (01:27,04) 300m: 04:28,99 (01:42,49) 400m: 05:46,83 (01:17,84)
4.	Müller, Katharina	1984/AK25	TSV Achim 1860 e.V.	06:10,70
				100m: 01:32,09 (01:32,09) 200m: 03:08,89 (01:36,80) 300m: 04:43,51 (01:34,62) 400m: 06:10,70 (01:27,19)
5.	Hirsch, Nina-Cathrin	1980/AK25	Heidmühler FC	06:42,27
				100m: 01:30,97 (01:30,97) 200m: 03:11,27 (01:40,30) 300m: 05:10,15 (01:58,88) 400m: 06:42,27 (01:32,12)
6.	Tischer, Indra	1982/AK25	TSV Hohenhameln	07:26,71
				100m: 01:40,09 (01:40,09) 200m: 03:35,91 (01:55,82) 300m: 05:36,57 (02:00,66) 400m: 07:26,71 (01:50,14)

disqualifiziert

Wiekenberg, Annika 1984/AK25 MTV Bad Pyrmont
 Die Schwimmerin hat die 2 Teilstrecke (Rücken) in Brustlage beendet
 Uhrzeit der Bekanntgabe: 15:30

Ak 20

Platz	Schwimmerin	Jg/Ak	Verein	Endzeit
1.	Klingenberg, Melanie	1987/AK20	Heidmühler FC	06:38,07
				100m: 01:28,81 (01:28,81) 200m: 03:13,62 (01:44,81) 300m: 05:06,06 (01:52,44) 400m: 06:38,07 (01:32,01)

Wettkampf 4 - 400m Lagen männlich**Ak 70**

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	Niggemann, Jürgen	1938/AK70	MTV Goslar	08:01,27
				100m: 01:58,28 (01:58,28) 200m: 04:12,15 (02:13,87) 300m: 06:18,59 (02:06,44) 400m: 08:01,27 (01:42,68)

Ak 65

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	Grösser, Herbert	1940/AK65	MTV Goslar	07:38,35
				100m: 01:46,83 (01:46,83) 200m: 03:58,24 (02:11,41) 300m: 06:03,83 (02:05,59) 400m: 07:38,35 (01:34,52)

Ak 60

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	Dierkes, Wolfgang	1946/AK60	SV Wasserfreunde von 1898 Hannover e.V.	06:51,45
				100m: 01:38,17 (01:38,17) 200m: 03:29,25 (01:51,08) 300m: 05:17,95 (01:48,70) 400m: 06:51,45 (01:33,50)

Ak 55

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	Beckmann, Klaus	1951/AK55	SG Weser-Ems/Oldenburg	06:13,44
				100m: 01:26,04 (01:26,04) 200m: 03:02,06 (01:36,02) 300m: 04:49,30 (01:47,24) 400m: 06:13,44 (01:24,14)
2.	Langer, Dietmar	1953/AK55	SC Altwarmbüchen	06:30,10
				100m: 01:33,46 (01:33,46) 200m: 03:19,08 (01:45,62) 300m: 05:06,06 (01:46,98) 400m: 06:30,10 (01:24,04)
3.	Stocke, Walter	1953/AK55	SG Weser-Ems/Oldenburg	06:34,91
				100m: 01:25,59 (01:25,59) 200m: 03:11,94 (01:46,35) 300m: 05:01,09 (01:49,15) 400m: 06:34,91 (01:33,82)

Ak 45

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	Knebel, Fritz	1962/AK45	Cloppenburger Schwimmverein	05:33,01
				100m: 01:18,64 (01:18,64) 200m: 02:44,29 (01:25,65) 300m: 04:16,45 (01:32,16) 400m: 05:33,01 (01:16,56)
2.	Casale, Valentino	1963/AK45	TV Jahn Wolfsburg	05:51,37
				100m: 01:22,78 (01:22,78) 200m: 02:55,99 (01:33,21) 300m: 04:37,10 (01:41,11) 400m: 05:51,37 (01:14,27)
3.	Struß, Thomas	1963/AK45	SC Barsinghausen	06:01,26
				100m: 01:16,45 (01:16,45) 200m: 02:55,45 (01:39,00) 300m: 04:40,61 (01:45,16) 400m: 06:01,26 (01:20,65)

abgemeldet
Eimer, Dieter 1963/AK45 SGS Verden/Dörverden

Ak 40

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	Boknecht, Heiko	1968/AK40	TSV Quakenbrück	04:56,69
				100m: 01:07,04 (01:07,04) 200m: 02:24,17 (01:17,13) 300m: 03:46,94 (01:22,77) 400m: 04:56,69 (01:09,75)
2.	Reineke, Marcus	1969/AK40	SSF Obernkirchen	05:14,06
				100m: 01:08,00 (01:08,00) 200m: 02:33,78 (01:25,78) 300m: 03:59,90 (01:26,12) 400m: 05:14,06 (01:14,16)

abgemeldet
Lange, Andreas 1965/AK40 S.C. Hellas Einbeck

Ak 35

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	Domagala, Dirk	1971/AK35	Stader SV	05:10,33
2.	Battermann, Florian	1974/AK35	SC Langenhagen	05:51,53
				100m: 01:13,07 (01:13,07) 200m: 02:52,08 (01:39,01) 300m: 04:33,82 (01:41,74) 400m: 05:51,53 (01:17,71)

Ak 30

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	Michaelsen, Mathias	1977/AK30	SG Böhmetal	04:50,18
				100m: 01:02,51 (01:02,51) 200m: 02:22,74 (01:20,23) 300m: 03:42,83 (01:20,09) 400m: 04:50,18 (01:07,35)
2.	Ladenthin, Holger	1979/AK30	SGS Hannover	05:11,45
				100m: 01:05,80 (01:05,80) 200m: 02:32,30 (01:26,50) 300m: 04:02,21 (01:29,91) 400m: 05:11,45 (01:09,24)
3.	Sauer, Sascha	1979/AK30	Wilhelmshavener SSV	05:36,15
				100m: 01:15,68 (01:15,68) 200m: 02:39,76 (01:24,08) 300m: 04:18,96 (01:39,20) 400m: 05:36,15 (01:17,19)

Ak 25

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	Schröder, Tammo	1983/AK25	SG Weser-Ems/Oldenburg	04:32,88
				100m: 01:02,79 (01:02,79) 200m: 02:13,26 (01:10,47) 300m: 03:29,91 (01:16,65) 400m: 04:32,88 (01:02,97)

Ak 20

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	Hanft, Mathias	1988/AK20	SC Langenhagen	05:11,74
				100m: 01:10,17 (01:10,17) 200m: 02:27,85 (01:17,68) 300m: 03:59,43 (01:31,58) 400m: 05:11,74 (01:12,31)
2.	Wulf, Lars	1988/AK20	SGS Verden Dörverden	06:15,93
				100m: 01:18,34 (01:18,34) 200m: 02:59,46 (01:41,12) 300m: 04:43,81 (01:44,35) 400m: 06:15,93 (01:32,12)

Wettkampf 5 - 200m Brust weiblich**Ak 70**

Platz	Schwimmerin	Jg/Ak	Verein	Endzeit
1.	Bohn-Reichert, Renate	1936/AK70	Celler SC	04:26,00
				100m: 02:02,04 (02:02,04) 200m: 04:26,00 (02:23,96)

Ak 65

Platz	Schwimmerin	Jg/Ak	Verein	Endzeit
1.	Koch, Sigrid	1941/AK65	Helmstedter SV	04:07,41
				100m: 02:01,64 (02:01,64) 200m: 04:07,41 (02:05,77)
2.	Langrehr, Heidi	1944/AK65	TSV Pattensen	04:32,10
				100m: 02:14,34 (02:14,34) 200m: 04:32,10 (02:17,76)

Ak 60

Platz	Schwimmerin	Jg/Ak	Verein	Endzeit
1.	Reineke, Elisabeth	1949/AK60	SSF Obernkirchen	03:33,93
	100m: 01:41,56 (01:41,56)		200m: 03:33,93 (01:52,37)	
2.	Alex, Rosita	1945/AK60	S.C. Hellas Salzgitter	04:06,56
	100m: 01:59,70 (01:59,70)		200m: 04:06,56 (02:06,86)	

Ak 55

Platz	Schwimmerin	Jg/Ak	Verein	Endzeit
1.	Morche-Bloch, Sabine	1950/AK55	TSV Achim 1860 e.V.	03:26,07
	100m: 01:39,77 (01:39,77)		200m: 03:26,07 (01:46,30)	
2.	Simmen, Christa	1950/AK55	Eintracht Hildesheim	03:44,34
	100m: 01:46,74 (01:46,74)		200m: 03:44,34 (01:57,60)	
3.	Dräger, Heike	1952/AK55	Helmstedter SV	03:49,10
	100m: 01:49,10 (01:49,10)		200m: 03:49,10 (02:00,00)	
4.	Melzian, Ute Christiane	1951/AK55	SC Altwarmbüchen	04:00,46
	100m: 01:55,24 (01:55,24)		200m: 04:00,46 (02:05,22)	
5.	Hilke, Gabriele	1953/AK55	TSV Salzgitter	04:15,08
	100m: 02:05,16 (02:05,16)		200m: 04:15,08 (02:09,92)	

Ak 50

Platz	Schwimmerin	Jg/Ak	Verein	Endzeit
1.	Krack, Susanne	1956/AK50	Helmstedter SV	03:20,44
	100m: 01:36,70 (01:36,70)		200m: 03:20,44 (01:43,74)	
2.	Bergmann, Barbara	1956/AK50	Helmstedter SV	03:45,85
	100m: 01:48,99 (01:48,99)		200m: 03:45,85 (01:56,86)	

Ak 45

Platz	Schwimmerin	Jg/Ak	Verein	Endzeit
1.	Schmidt, Kerstin	1963/AK45	SGS Verden/Dörverden	03:17,23
	100m: 01:35,43 (01:35,43)		200m: 03:17,23 (01:41,80)	
2.	Nischan, Sabine	1962/AK45	Wilhelmshavener SSV	03:22,58
	100m: 01:36,60 (01:36,60)		200m: 03:22,58 (01:45,98)	
3.	Napirata-Fricke, Silke	1964/AK45	Helmstedter SV	03:43,54
	100m: 01:46,86 (01:46,86)		200m: 03:43,54 (01:56,68)	
4.	von Bodenhausen, Almuth	1960/AK45	Helmstedter SV	03:48,34
	100m: 01:48,53 (01:48,53)		200m: 03:48,34 (01:59,81)	

Ak 40

Platz	Schwimmerin	Jg/Ak	Verein	Endzeit
1.	Wagner, Britta	1968/AK40	TSV Hohenhameln	03:20,27
	100m: 01:35,70 (01:35,70)		200m: 03:20,27 (01:44,57)	
2.	Oelze, Andrea	1965/AK40	SC Langenhagen	03:22,00
	100m: 01:37,27 (01:37,27)		200m: 03:22,00 (01:44,73)	

Ak 35

Platz	Schwimmerin	Jg/Ak	Verein	Endzeit
1.	Baehr, Katy	1972/AK35	SV Wasserfreunde von 1898 Hannover e.V.	03:15,33
	100m: 01:34,36 (01:34,36)		200m: 03:15,33 (01:40,97)	

Ak 30

Platz	Schwimmerin	Jg/Ak	Verein	Endzeit
1.	Dr. Norden, Dagmar	1975/AK30	Wilhelmshavener SSV	03:30,00
	100m: 01:42,28 (01:42,28)		200m: 03:30,00 (01:47,72)	

Ak 25

Platz	Schwimmerin	Jg/Ak	Verein	Endzeit
1.	Janitzki, Alexandra	1980/AK25	Waspo 08 Göttingen	02:47,38
	100m: 01:20,69 (01:20,69)		200m: 02:47,38 (01:26,69)	
2.	Martin, Andrea	1981/AK25	SGS Hannover	02:59,76
	100m: 01:27,53 (01:27,53)		200m: 02:59,76 (01:32,23)	
3.	Müller, Katharina	1984/AK25	TSV Achim 1860 e.V.	03:03,03
	100m: 01:28,89 (01:28,89)		200m: 03:03,03 (01:34,14)	
4.	Wiekenberg, Annika	1984/AK25	MTV Bad Pyrmont	03:07,03
	100m: 01:28,02 (01:28,02)		200m: 03:07,03 (01:39,01)	

abgemeldet
Jahnel, Friederike 1983/AK25 SV Wasserfreunde von 1898 Hannover e.V.

Ak 20

Platz	Schwimmerin	Jg/Ak	Verein	Endzeit
1.	Koch, Philine	1987/AK20	VfL Wolfsburg e.V.	02:58,57
	100m: 01:25,10 (01:25,10) 200m: 02:58,57 (01:33,47)			
2.	Klingenberg, Jennifer	1987/AK20	Heidmühler FC	03:22,54
	100m: 01:37,03 (01:37,03) 200m: 03:22,54 (01:45,51)			
3.	Wrobela, Michela	1985/AK20	TSV Pattensen	04:01,86
	100m: 01:54,10 (01:54,10) 200m: 04:01,86 (02:07,76)			

Wettkampf 6 - 200m Brust männlich

Ak 80

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	Teufert, Karlheinz	1929/AK80	SC Langenhagen	04:44,36
	100m: 02:18,73 (02:18,73) 200m: 04:44,36 (02:25,63)			
2.	Hübner, Friedrich-Wilhelm	1927/AK80	VfV Hildesheim	04:56,89
	100m: 02:22,60 (02:22,60) 200m: 04:56,89 (02:34,29)			

Ak 70

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	Elsner, Rolf	1939/AK70	SSG Braunschweig	03:43,01
	100m: 01:48,37 (01:48,37) 200m: 03:43,01 (01:54,64)			
2.	Niggemann, Jürgen	1938/AK70	MTV Goslar	03:47,38
	100m: 01:49,24 (01:49,24) 200m: 03:47,38 (01:58,14)			
3.	Kemmler, Paul	1939/AK70	SG RethenSarstedt	03:51,29
	100m: 01:49,78 (01:49,78) 200m: 03:51,29 (02:01,51)			

nicht am Start

Heinze, Peter 1936/AK70 SSG Braunschweig

Ak 65

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	Abbass, Bernhard	1944/AK65	Wilhelmshavener SSV	03:48,74
	100m: 01:49,74 (01:49,74) 200m: 03:48,74 (01:59,00)			
2.	Scholvin, Herbert	1940/AK65	SGS Hannover	03:58,19
	100m: 01:52,14 (01:52,14) 200m: 03:58,19 (02:06,05)			

disqualifiziert

Reumann, Winfried 1944/AK65 TSV Quakenbrück
Schwimmer startete vor dem Startsignal
Uhrzeit der Bekanntgabe: 16:32

Ak 60

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	Dierkes, Wolfgang	1946/AK60	SV Wasserfreunde von 1898 Hannover e.V.	03:16,49
	100m: 01:35,61 (01:35,61) 200m: 03:16,49 (01:40,88)			
2.	Ahlert, Wolfgang	1949/AK60	TSV Pattensen	03:52,03
	100m: 01:51,46 (01:51,46) 200m: 03:52,03 (02:00,57)			

disqualifiziert

Bremer, Holger 1945/AK60 SC-Seevetal
Anschlag an der Wendenseite erfolgte nicht mit beiden Händen zeitgleich
Uhrzeit der Bekanntgabe: 16:37

Ak 55

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	Göllner, Christian	1954/AK55	SGS Verden/Dörverden	02:53,64
	100m: 01:23,40 (01:23,40) 200m: 02:53,64 (01:30,24)			
2.	Langer, Dietmar	1953/AK55	SC Altwarmbüchen	03:05,26
	100m: 01:30,09 (01:30,09) 200m: 03:05,26 (01:35,17)			
3.	Stocke, Walter	1953/AK55	SG Weser-Ems/Oldenburg	03:15,56
	100m: 01:37,76 (01:37,76) 200m: 03:15,56 (01:37,80)			

4. Busche, Günther 1951/AK55 SC Barsinghausen 03:21,44
 100m: 01:36,24 (01:36,24) 200m: 03:21,44 (01:45,20)

Ak 50

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	Paehr, Thomas	1955/AK50	SC Langenhagen	02:56,81
	100m: 01:26,68 (01:26,68) 200m: 02:56,81 (01:30,13)			
2.	Redemann, Jürgen	1955/AK50	SGS Bückeberg	03:05,45
	100m: 01:26,88 (01:26,88) 200m: 03:05,45 (01:38,57)			
3.	Knorr, Hans-Rüdiger	1956/AK50	Eintracht Hildesheim	03:15,08
	100m: 01:33,54 (01:33,54) 200m: 03:15,08 (01:41,54)			

Ak 45

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	Knebel, Fritz	1962/AK45	Cloppenburger Schwimmverein	02:48,03
	100m: 01:20,57 (01:20,57) 200m: 02:48,03 (01:27,46)			
2.	Hansmann, Berni	1964/AK45	TuS Neuenhaus 1907	02:57,19
	100m: 01:24,33 (01:24,33) 200m: 02:57,19 (01:32,86)			

abgemeldet

Eimer, Dieter 1963/AK45 SGS Verden/Dörverden

Ak 40

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	Boknecht, Heiko	1968/AK40	TSV Quakenbrück	02:33,33
	100m: 01:13,27 (01:13,27) 200m: 02:33,33 (01:20,06)			
2.	Reineke, Marcus	1969/AK40	SSF Obernkirchen	02:34,78
	100m: 01:14,65 (01:14,65) 200m: 02:34,78 (01:20,13)			
3.	Beyer, Volker	1966/AK40	TVV Neu Wulmsdorf	03:06,25
	100m: 01:29,71 (01:29,71) 200m: 03:06,25 (01:36,54)			
4.	Bentlage, Carsten	1965/AK40	SV Garbsen	03:07,88
	100m: 01:30,17 (01:30,17) 200m: 03:07,88 (01:37,71)			
5.	Krause, Thomas	1969/AK40	TSV Hohenhameln	03:08,90
	100m: 01:26,76 (01:26,76) 200m: 03:08,90 (01:42,14)			
6.	Blum, Manfred	1967/AK40	SSG Braunschweig	03:22,85
	100m: 01:29,95 (01:29,95) 200m: 03:22,85 (01:52,90)			
7.	Muth, Torsten	1968/AK40	SSG Braunschweig	03:47,11
	100m: 01:37,20 (01:37,20) 200m: 03:47,11 (02:09,91)			
8.	Liedke, Peter	1967/AK40	SSG Braunschweig	04:00,18
	100m: 01:49,51 (01:49,51) 200m: 04:00,18 (02:10,67)			

Ak 30

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	Pacholke, Malte	1975/AK30	TSG Westerstede	03:00,66
	100m: 01:24,41 (01:24,41) 200m: 03:00,66 (01:36,25)			

Ak 25

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	Halemeyer, Björn	1981/AK25	TSV Hohenhameln	03:09,21

Ak 20

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	Wulf, Lars	1988/AK20	SGS Verden Dörverden	02:55,03
	100m: 01:25,05 (01:25,05) 200m: 02:55,03 (01:29,98)			
2.	Haupt, Felix	1989/AK20	TSV Hohenhameln	02:59,79
	100m: 01:25,27 (01:25,27) 200m: 02:59,79 (01:34,52)			

Wettkampf 7 - 400m Freistil weiblich

Ak 70

Platz	Schwimmerin	Jg/Ak	Verein	Endzeit
1.	Graue, Annelies	1937/AK70	Hannoverscher SV v. 1892	07:31,79
	100m: 01:45,32 (01:45,32) 200m: 03:41,74 (01:56,42) 300m: 05:38,46 (01:56,72) 400m: 07:31,79 (01:53,33)			



2. Grasse, Gerda 1935/AK70 VfV Hildesheim 07:40,91
 100m: 01:48,39 (01:48,39) 200m: 03:47,23 (01:58,84) 300m: 05:46,95 (01:59,72) 400m: 07:40,91 (01:53,96)

Ak 65

Platz	Schwimmerin	Jg/Ak	Verein	Endzeit
1.	Koch, Sigrid	1941/AK65	Helmstedter SV	07:32,45
	100m: 01:50,16 (01:50,16)	200m: 03:45,19 (01:55,03)	300m: 05:39,42 (01:54,23)	400m: 07:32,45 (01:53,03)
2.	Langrehr, Heidi	1944/AK65	TSV Pattensen	08:05,02
	100m: 01:59,25 (01:59,25)	200m: 04:04,35 (02:05,10)	300m: 06:07,14 (02:02,79)	400m: 08:05,02 (01:57,88)

Ak 55

Platz	Schwimmerin	Jg/Ak	Verein	Endzeit
1.	Morche-Bloch, Sabine	1950/AK55	TSV Achim 1860 e.V.	06:03,42
	100m: 01:25,48 (01:25,48)	200m: 02:57,54 (01:32,06)	300m: 04:31,39 (01:33,85)	400m: 06:03,42 (01:32,03)
2.	Reichelt, Hannelore	1953/AK55	S.C. Hellas Einbeck	06:10,38
	100m: 01:24,78 (01:24,78)	200m: 03:00,28 (01:35,50)	300m: 04:47,38 (01:47,10)	400m: 06:10,38 (01:23,00)
3.	Kallenbach, Barbara	1950/AK55	Helmstedter SV	07:15,15
	100m: 01:42,80 (01:42,80)	200m: 03:34,83 (01:52,03)	300m: 05:25,50 (01:50,67)	400m: 07:15,15 (01:49,65)
4.	Hilke, Gabriele	1953/AK55	TSV Salzgitter	07:30,40
	200m: 03:40,17 (03:40,17)	300m: 05:35,49 (01:55,32)	400m: 07:30,40 (01:54,91)	

disqualifiziert

Rademacher, Carmen 1951/AK55 TSV Anderten
 Die Schwimmerin startete vor dem Startsignal
 Uhrzeit der Bekanntgabe: 17:04

Ak 50

Platz	Schwimmerin	Jg/Ak	Verein	Endzeit
1.	Stupp, Elisabeth	1956/AK50	SV Garbsen	07:10,88
	100m: 01:40,34 (01:40,34)	200m: 03:30,06 (01:49,72)	300m: 05:21,03 (01:50,97)	400m: 07:10,88 (01:49,85)

Ak 45

Platz	Schwimmerin	Jg/Ak	Verein	Endzeit
1.	Baacke, Iris	1962/AK45	Celler SC	05:19,74
	100m: 01:11,75 (01:11,75)	200m: 02:32,47 (01:20,72)	300m: 03:55,89 (01:23,42)	400m: 05:19,74 (01:23,85)
2.	Wolters, Heike	1962/AK45	SV Ganderkesee 69 e.V.	06:16,42
	100m: 01:27,99 (01:27,99)	200m: 03:02,86 (01:34,87)	300m: 04:39,27 (01:36,41)	400m: 06:16,42 (01:37,15)

nicht am Start

Koal, Sabine 1961/AK45 TV Jahn Wolfsburg

Ak 40

Platz	Schwimmerin	Jg/Ak	Verein	Endzeit
1.	Krietsch, Corinna	1969/AK40	1. WV Wunstorf	05:10,22
	100m: 01:12,15 (01:12,15)	200m: 02:30,93 (01:18,78)	300m: 03:58,10 (01:27,17)	400m: 05:10,22 (01:12,12)
2.	Pielke, Dorothea	1965/AK40	SGS Hannover	05:28,78
	100m: 01:16,61 (01:16,61)	200m: 02:41,27 (01:24,66)	300m: 04:05,04 (01:23,77)	400m: 05:28,78 (01:23,74)
3.	Schortmann, Beate	1965/AK40	Heidmühler FC	05:30,51
	100m: 01:13,77 (01:13,77)	200m: 02:38,45 (01:24,68)	300m: 04:05,15 (01:26,70)	400m: 05:30,51 (01:25,36)
4.	Wittenberg-Zimmer, Christiane	1969/AK40	1. Nienburger SC	05:41,85
	100m: 01:19,56 (01:19,56)	200m: 02:46,13 (01:26,57)	300m: 04:14,85 (01:28,72)	400m: 05:41,85 (01:27,00)
5.	Wagner, Britta	1968/AK40	TSV Hohenhameln	06:11,41
	100m: 01:21,74 (01:21,74)	200m: 02:57,19 (01:35,45)	300m: 04:35,46 (01:38,27)	400m: 06:11,41 (01:35,95)

Ak 35

Platz	Schwimmerin	Jg/Ak	Verein	Endzeit
1.	Sachtleber, Kai	1971/AK35	SG Weser-Ems/Oldenburg	05:14,84
	100m: 01:14,50 (01:14,50)	200m: 02:34,12 (01:19,62)	300m: 03:54,93 (01:20,81)	400m: 05:14,84 (01:19,91)
2.	Lazar, Kathrin	1970/AK35	1. WV Wunstorf	05:29,26
	100m: 01:17,91 (01:17,91)	200m: 02:42,08 (01:24,17)	300m: 04:06,76 (01:24,68)	400m: 05:29,26 (01:22,50)
3.	Latta, Heike	1974/AK35	MTV Goslar	05:59,40
	100m: 01:19,38 (01:19,38)	200m: 02:52,29 (01:32,91)	300m: 04:26,85 (01:34,56)	400m: 05:59,40 (01:32,55)
4.	Otte, Nicole	1974/AK35	Wilhelmshavener SSV	06:05,97
	100m: 01:22,39 (01:22,39)	200m: 02:54,21 (01:31,82)	300m: 04:29,93 (01:35,72)	400m: 06:05,97 (01:36,04)
5.	Niemann, Carola	1972/AK35	Helmstedter SV	06:56,40
	100m: 01:33,26 (01:33,26)	200m: 03:19,93 (01:46,67)	300m: 05:09,20 (01:49,27)	400m: 06:56,40 (01:47,20)

Ak 30

Platz	Schwimmerin	Jg/Ak	Verein	Endzeit
1.	Lange, Daniela	1976/AK30	S.C. Hellas Einbeck	04:53,34
	100m: 01:08,88 (01:08,88)	200m: 02:23,76 (01:14,88)	300m: 03:39,74 (01:15,98)	400m: 04:53,34 (01:13,60)
2.	Häcker, Irina	1978/AK30	Waspo 08 Göttingen	05:11,13
	100m: 01:11,79 (01:11,79)	200m: 02:30,86 (01:19,07)	300m: 03:51,58 (01:20,72)	400m: 05:11,13 (01:19,55)
3.	Kirchhoff, Anne	1979/AK30	TSV Hohenhameln	06:04,57
	100m: 01:20,49 (01:20,49)	200m: 02:51,78 (01:31,29)	300m: 04:28,16 (01:36,38)	400m: 06:04,57 (01:36,41)
4.	Hundertmark, Julia	1976/AK30	MTV Bad Pyrmont	06:07,68
	100m: 01:25,06 (01:25,06)	200m: 03:00,59 (01:35,53)	300m: 04:35,88 (01:35,29)	400m: 06:07,68 (01:31,80)
5.	Dr. Norden, Dagmar	1975/AK30	Wilhelmshavener SSV	06:17,47
	100m: 01:27,08 (01:27,08)	200m: 03:04,63 (01:37,55)	300m: 04:42,51 (01:37,88)	400m: 06:17,47 (01:34,96)

Ak 25

Platz	Schwimmerin	Jg/Ak	Verein	Endzeit
1.	Janitzki, Alexandra	1980/AK25	Waspo 08 Göttingen	04:50,46
	100m: 01:09,11 (01:09,11)	200m: 02:23,24 (01:14,13)	300m: 03:37,69 (01:14,45)	400m: 04:50,46 (01:12,77)
2.	Hannich, Wiebke	1981/AK25	SSG Braunschweig	04:55,14
	100m: 01:10,29 (01:10,29)	200m: 02:24,94 (01:14,65)	300m: 03:40,86 (01:15,92)	400m: 04:55,14 (01:14,28)
3.	Ismer, Henriette	1980/AK25	S.C. Hellas Salzgitter	05:11,03
	100m: 01:14,06 (01:14,06)	200m: 02:34,76 (01:20,70)	300m: 03:54,49 (01:19,73)	400m: 05:11,03 (01:16,54)
4.	Martin, Andrea	1981/AK25	SGS Hannover	05:22,96
	100m: 01:16,38 (01:16,38)	200m: 02:40,28 (01:23,90)	300m: 04:04,96 (01:24,68)	400m: 05:22,96 (01:18,00)
5.	Günther, Corinna	1984/AK25	S.C. Hellas Einbeck	05:35,10
	100m: 01:19,18 (01:19,18)	200m: 02:46,00 (01:26,82)	300m: 04:12,08 (01:26,08)	400m: 05:35,10 (01:23,02)
6.	Hirsch, Nina-Cathrin	1980/AK25	Heidmühler FC	05:53,22
	100m: 01:20,98 (01:20,98)	200m: 02:54,43 (01:33,45)	300m: 04:26,36 (01:31,93)	400m: 05:53,22 (01:26,86)
7.	Müller, Katharina	1984/AK25	TSV Achim 1860 e.V.	05:54,66
	100m: 01:25,82 (01:25,82)	200m: 02:57,80 (01:31,98)	300m: 04:28,20 (01:30,40)	400m: 05:54,66 (01:26,46)
8.	Ludwig, Janine	1984/AK25	SC Langenhagen	05:56,14
	100m: 01:17,41 (01:17,41)	200m: 02:48,79 (01:31,38)	300m: 04:23,76 (01:34,97)	400m: 05:56,14 (01:32,38)
9.	Günther, Jessica	1982/AK25	S.C. Hellas Einbeck	06:00,53
	100m: 01:24,74 (01:24,74)	200m: 02:56,63 (01:31,89)	300m: 04:29,63 (01:33,00)	400m: 06:00,53 (01:30,90)

Ak 20

Platz	Schwimmerin	Jg/Ak	Verein	Endzeit
1.	Bohling, Jennifer	1985/AK20	SGS Hannover	05:09,43
	100m: 01:11,74 (01:11,74)	200m: 02:30,03 (01:18,29)	300m: 03:50,07 (01:20,04)	400m: 05:09,43 (01:19,36)
2.	Klingenberg, Jennifer	1987/AK20	Heidmühler FC	05:49,28
	100m: 01:20,62 (01:20,62)	200m: 02:49,16 (01:28,54)	300m: 04:21,31 (01:32,15)	400m: 05:49,28 (01:27,97)
3.	Klingenberg, Melanie	1987/AK20	Heidmühler FC	06:09,00
	100m: 01:23,30 (01:23,30)	200m: 02:58,68 (01:35,38)	300m: 04:35,15 (01:36,47)	400m: 06:09,00 (01:33,85)
4.	Wrobel, Michela	1985/AK20	TSV Pattensen	07:31,21
	100m: 01:43,12 (01:43,12)	200m: 03:40,04 (01:56,92)	300m: 05:36,56 (01:56,52)	400m: 07:31,21 (01:54,65)

Wettkampf 8 - 400m Freistil männlich**Ak 80**

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	Hübner, Friedrich-Wilhelm	1927/AK80	VfV Hildesheim	08:40,92
	100m: 02:04,60 (02:04,60)	200m: 04:17,07 (02:12,47)	300m: 06:30,16 (02:13,09)	400m: 08:40,92 (02:10,76)
2.	Teufert, Karlheinz	1929/AK80	SC Langenhagen	12:20,13
	100m: 02:34,29 (02:34,29)	200m: 05:45,10 (03:10,81)	300m: 09:09,79 (03:24,69)	400m: 12:20,13 (03:10,34)

Ak 70

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	Ebner, Klaus-Dieter	1936/AK70	Hannoverscher SV v. 1892	06:15,20
	100m: 01:26,25 (01:26,25)	200m: 03:02,74 (01:36,49)	300m: 04:41,38 (01:38,64)	400m: 06:15,20 (01:33,82)

Ak 65

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	Lüpkens, Hilrich	1940/AK65	SV Neptun Emden	05:57,38
	100m: 01:24,59 (01:24,59)	200m: 02:56,10 (01:31,51)	300m: 04:27,55 (01:31,45)	400m: 05:57,38 (01:29,83)
2.	Grösser, Herbert	1940/AK65	MTV Goslar	06:27,82
	100m: 01:30,66 (01:30,66)	200m: 03:10,78 (01:40,12)	300m: 04:51,13 (01:40,35)	400m: 06:27,82 (01:36,69)
3.	Rühl, Helmut	1942/AK65	TSV Achim 1860 e.V.	06:34,50

	100m: 01:31,09 (01:31,09)	200m: 03:14,74 (01:43,65)	300m: 04:55,52 (01:40,78)	400m: 06:34,50 (01:38,98)
4. Ritschel, Peter	1942/AK65 VfV Hildesheim	07:12,14		
	100m: 01:35,09 (01:35,09)	200m: 03:30,12 (01:55,03)	300m: 05:23,06 (01:52,94)	400m: 07:12,14 (01:49,08)
5. Stöber, Hans	1943/AK65 SC Langenhagen	07:31,50		
	100m: 01:37,10 (01:37,10)	200m: 03:29,53 (01:52,43)	300m: 05:30,53 (02:01,00)	400m: 07:31,50 (02:00,97)
6. Bormann, Robert	1944/AK65 TSR Olympia Wilhelmshaven	09:16,06		
	100m: 01:57,79 (01:57,79)	200m: 04:26,47 (02:28,68)	300m: 06:51,29 (02:24,82)	400m: 09:16,06 (02:24,77)

Ak 60

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1. Dierkes, Wolfgang	1946/AK60 SV Wasserfreunde von 1898 Hannover e.V.	06:06,45		
	100m: 01:25,76 (01:25,76)	200m: 02:57,73 (01:31,97)	300m: 04:34,70 (01:36,97)	400m: 06:06,45 (01:31,75)
2. Ahlert, Wolfgang	1949/AK60 TSV Pattensen	06:53,13		
	100m: 01:35,67 (01:35,67)	200m: 03:23,15 (01:47,48)	300m: 05:10,66 (01:47,51)	400m: 06:53,13 (01:42,47)

Ak 55

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1. Beckmann, Klaus	1951/AK55 SG Weser-Ems/Oldenburg	05:29,67		
	100m: 01:15,42 (01:15,42)	200m: 02:38,32 (01:22,90)	300m: 04:03,95 (01:25,63)	400m: 05:29,67 (01:25,72)
2. Langer, Dietmar	1953/AK55 SC Altwarmbüchen	05:35,28		
	100m: 01:17,75 (01:17,75)	200m: 02:43,13 (01:25,38)	300m: 04:09,50 (01:26,37)	400m: 05:35,28 (01:25,78)
3. Kaiser, Hans-Jürgen	1950/AK55 MTV Goslar	06:41,43		
	100m: 01:24,58 (01:24,58)	200m: 03:04,30 (01:39,72)	300m: 04:51,43 (01:47,13)	400m: 06:41,43 (01:50,00)

Ak 50

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1. Bächle, Wolfgang	1959/AK50 1. WV Wunstorf	05:09,26		
	100m: 01:11,37 (01:11,37)	200m: 02:30,50 (01:19,13)	300m: 03:51,20 (01:20,70)	400m: 05:09,26 (01:18,06)
2. Witte, Stefan	1958/AK50 Eintracht Hildesheim	05:09,44		
	100m: 01:12,68 (01:12,68)	200m: 02:31,05 (01:18,37)	300m: 03:50,56 (01:19,51)	400m: 05:09,44 (01:18,88)
3. Redemann, Jürgen	1955/AK50 SGS Bückeburg	05:28,74		
	100m: 01:18,04 (01:18,04)	200m: 02:40,75 (01:22,71)	300m: 04:04,77 (01:24,02)	400m: 05:28,74 (01:23,97)
4. Paehr, Thomas	1955/AK50 SC Langenhagen	06:08,10		
	100m: 01:18,76 (01:18,76)	200m: 02:47,55 (01:28,79)	300m: 04:25,89 (01:38,34)	400m: 06:08,10 (01:42,21)
5. Hesse, Rainer	1956/AK50 SV Wasserfreunde von 1898 Hannover e.V.	07:07,96		
	100m: 01:32,50 (01:32,50)	200m: 03:23,99 (01:51,49)	300m: 05:18,85 (01:54,86)	400m: 07:07,96 (01:49,11)

nicht am Start

Gleisberg, Rainer 1959/AK50 SV Großburgwedel

Ak 45

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1. Knebel, Fritz	1962/AK45 Cloppenburger Schwimmverein	04:53,34		
	100m: 01:08,28 (01:08,28)	200m: 02:23,85 (01:15,57)	400m: 04:53,34 (02:29,49)	
2. Wegener, Jens	1964/AK45 TVV Neu Wulmsdorf	05:01,56		
	100m: 01:10,26 (01:10,26)	200m: 02:27,49 (01:17,23)	300m: 03:44,95 (01:17,46)	400m: 05:01,56 (01:16,61)
3. Struß, Thomas	1963/AK45 SC Barsinghausen	05:18,70		
	100m: 01:13,14 (01:13,14)	200m: 02:33,61 (01:20,47)	300m: 03:56,08 (01:22,47)	400m: 05:18,70 (01:22,62)
4. Beier, Klaus	1960/AK45 TVV Neu Wulmsdorf	06:21,13		
	100m: 01:19,40 (01:19,40)	200m: 02:58,24 (01:38,84)	300m: 04:20,36 (01:22,12)	400m: 06:21,13 (02:00,77)

Ak 40

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1. Reineke, Marcus	1969/AK40 SSF Obernkirchen	04:38,44		
	100m: 01:06,66 (01:06,66)	200m: 02:17,17 (01:10,51)	300m: 03:27,48 (01:10,31)	400m: 04:38,44 (01:10,96)
2. Pater, Frank	1967/AK40 SG Weser-Ems/Oldenburg	04:43,07		
	100m: 01:06,10 (01:06,10)	200m: 02:17,84 (01:11,74)	300m: 03:30,79 (01:12,95)	400m: 04:43,07 (01:12,28)
3. Wilshusen, Jörg	1968/AK40 SGS Verden/Dörverden	04:54,24		
	100m: 01:07,34 (01:07,34)	200m: 02:22,36 (01:15,02)	300m: 03:39,14 (01:16,78)	400m: 04:54,24 (01:15,10)
4. Steincke, Joachim	1966/AK40 SGS Hannover	04:59,73		
	100m: 01:09,54 (01:09,54)	200m: 02:25,81 (01:16,27)	300m: 03:42,56 (01:16,75)	400m: 04:59,73 (01:17,17)
5. Wagner, Sven	1968/AK40 Waspo 08 Göttingen	05:11,11		
	100m: 01:11,93 (01:11,93)	200m: 02:31,31 (01:19,38)	300m: 03:52,01 (01:20,70)	400m: 05:11,11 (01:19,10)
6. Schmid, Andreas	1967/AK40 SSG Braunschweig	07:22,08		
	100m: 01:35,25 (01:35,25)	200m: 03:29,50 (01:54,25)	300m: 05:23,99 (01:54,49)	400m: 07:22,08 (01:58,09)

abgemeldet
Lange, Andreas 1965/AK40 S.C. Hellas Einbeck

Ak 35

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	Domagala, Dirk	1971/AK35	Stader SV	04:36,53
	100m: 01:05,33 (01:05,33)	200m: 02:15,05 (01:09,72)	300m: 03:25,43 (01:10,38)	400m: 04:36,53 (01:11,10)
2.	Battermann, Florian	1974/AK35	SC Langenhagen	05:00,67
	100m: 01:06,30 (01:06,30)	200m: 02:23,17 (01:16,87)	300m: 03:43,26 (01:20,09)	400m: 05:00,67 (01:17,41)
3.	Halle, Andre	1970/AK35	Holtorfer SV	05:42,65
	100m: 01:18,98 (01:18,98)	200m: 02:45,98 (01:27,00)	300m: 04:14,64 (01:28,66)	400m: 05:42,65 (01:28,01)
4.	Scharmer, Erich Martin	1971/AK35	SV Wasserfreunde von 1898 Hannover e.V.	06:12,73
	100m: 01:24,03 (01:24,03)	200m: 02:59,28 (01:35,25)	300m: 04:37,73 (01:38,45)	400m: 06:12,73 (01:35,00)

Ak 30

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	Michaelsen, Mathias	1977/AK30	SG Böhmetal	04:14,34
	100m: 01:00,04 (01:00,04)	200m: 02:05,43 (01:05,39)	300m: 03:10,66 (01:05,23)	400m: 04:14,34 (01:03,68)
2.	Ladenthin, Holger	1979/AK30	SGS Hannover	04:23,48
	100m: 01:03,11 (01:03,11)	200m: 02:10,06 (01:06,95)	300m: 03:17,95 (01:07,89)	400m: 04:23,48 (01:05,53)
3.	Stemme, Dennis	1979/AK30	1. WV Wunstorf	04:48,11
	100m: 01:05,13 (01:05,13)	200m: 02:16,54 (01:11,41)	300m: 03:32,24 (01:15,70)	400m: 04:48,11 (01:15,87)
4.	Focke, Thilo	1978/AK30	SG Weser-Ems/Oldenburg	04:57,22
	100m: 01:08,53 (01:08,53)	200m: 02:23,65 (01:15,12)	300m: 03:40,72 (01:17,07)	400m: 04:57,22 (01:16,50)
5.	Sauer, Sascha	1979/AK30	Wilhelmshavener SSV	05:03,53
	100m: 01:11,53 (01:11,53)	200m: 02:29,18 (01:17,65)	300m: 03:47,40 (01:18,22)	400m: 05:03,53 (01:16,13)

Ak 25

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	Schröder, Tammo	1983/AK25	SG Weser-Ems/Oldenburg	04:08,53
	100m: 00:58,87 (00:58,87)	200m: 02:02,06 (01:03,19)	300m: 03:04,70 (01:02,64)	400m: 04:08,53 (01:03,83)
2.	Kater, Tobias	1983/AK25	TSV Quakenbrück	05:01,38
	100m: 01:06,96 (01:06,96)	200m: 02:23,60 (01:16,64)	300m: 03:43,03 (01:19,43)	400m: 05:01,38 (01:18,35)

Ak 20

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	Hanft, Mathias	1988/AK20	SC Langenhagen	04:47,14
	100m: 01:05,69 (01:05,69)	200m: 02:18,01 (01:12,32)	300m: 03:32,77 (01:14,76)	400m: 04:47,14 (01:14,37)
2.	Haupt, Felix	1989/AK20	TSV Hohenhameln	05:15,34
	100m: 01:10,37 (01:10,37)	200m: 02:29,93 (01:19,56)	300m: 03:53,34 (01:23,41)	400m: 05:15,34 (01:22,00)
3.	Schleusener, Lars	1985/AK20	SV Garbsen	05:17,03
	100m: 01:09,53 (01:09,53)	200m: 02:29,14 (01:19,61)	300m: 03:53,19 (01:24,05)	400m: 05:17,03 (01:23,84)
4.	Stangel, Arne	1988/AK20	SC Langenhagen	05:34,16
	100m: 01:15,05 (01:15,05)	200m: 02:39,26 (01:24,21)	300m: 04:06,80 (01:27,54)	400m: 05:34,16 (01:27,36)

Nach Wettkampf 5 Lauf 4
haben die Kampfrichter Yoshiko Teufert
(Zeitnehmer Bahn 1 / Zeitgericht 1) und Jana-Elena Kelm
(Reservezeitnehmer / Zeitgericht 2) ihre Position auf Anweisung
der Schiedsrichter getauscht.

Abschnittsende: 18:13 Uhr
Protokollende: 18:30 Uhr

Schiedsrichter weiblich

Schiedsrichter männlich

Protokollführer

Kampfgericht Abschnitt 2

Position	Name	Verein
Schiedsrichter weiblich	Arlt, Nils-André	LSN
Schiedsrichter männlich	Topp, Sven	LSN
Starter weiblich	Ostwald, Frederik	LSN
Starter männlich	Ostwald, Frederik	LSN
Schwimmrichter 1	Schiedsrichter, amtierender	LSN
Schwimmrichter 2	Ostwald, Frederik	LSN
Sprecher 1	Kohl, Melanie	SC Langenhagen
Auswerter 1	Werke, Götz	LSN
Protokollführer	Winkler, Nico / Kühn, Andreas	SC Langenhagen
<i>Zielgericht</i>		
Zielrichterobmann	Schiller, Sigrun	Helmstedter SV
Zielrichter 1	Koch, Beate	SC Barsinghausen
Zielrichter 2	Oelze, Andrea	SC Langenhagen
<i>Zeitgericht 1</i>		
Zeitnehmerobmann	Horst, Ilona	SGS Hannover
Zeitnehmer Bahn 1	Mausolf, Jens	SV Garbsen
Zeitnehmer Bahn 2	Lenzig, Jutta	TSV Achim 1860 e.V.
Zeitnehmer Bahn 3	Haidukiewitz, Kristin	TSV Quakenbrück
Zeitnehmer Bahn 4	Ulrichs, Klaus	Heidmühler FC
Zeitnehmer Bahn 5 Hannover e.V.	Mielke, Catharina	SV Wasserfreunde von 1898
Reservezeitnehmer 1	Horst, Ilona	SGS Hannover
<i>Zeitgericht 2</i>		
Zeitnehmerobmann	Roy, Hans-Jürgen	SSG Braunschweig
Zeitnehmer Bahn 1	Hagen, Dirk	SC Langenhagen
Zeitnehmer Bahn 2	Gödecke, Stefan	Hannoverscher SV v. 1892
Zeitnehmer Bahn 3 Hannover e.V.	Christel, Peter	SV Wasserfreunde von 1898
Zeitnehmer Bahn 4	Reineke, Marcus	SSF Obernkirchen
Zeitnehmer Bahn 5	Gratz, Marlis	SGS Verden Dörverden
Reservezeitnehmer 1	Roy, Hans-Jürgen	SSG Braunschweig
<i>Wendegericht</i>		
Wenderichterobmann	Oehm, Andre	TV Jahn Wolfsburg
Wenderichter Bahn 1	Oppermann, Helmut	SC Barsinghausen
Wenderichter Bahn 2	Oppermann, Helmut	SC Barsinghausen
Wenderichter Bahn 3	Oehm, Andre	TV Jahn Wolfsburg
Wenderichter Bahn 4	Hübner, Fritz	VfV Hildesheim
Wenderichter Bahn 5	Hübner, Fritz	VfV Hildesheim

Wettkampfbecken

5 Bahnen à 25m Wellenkillerleinen Handzeitnahme Temperatur: 27°C

Abschnitt 2

Wettkampf 9 800m Freistil weiblich

Wettkampf 10 4x200m Brust männlich

Wettkampf 11 4x200m Brust weiblich

Wettkampf 12 200m Schmetterling männlich

Wettkampf 13 200m Schmetterling weiblich

Wettkampf 9 - 800m Freistil weiblich

Ak 70

Platz	Schwimmerin	Jg/Ak	Verein	Endzeit
1.	Graue, Annelies	1937/AK70	Hannoverscher SV v. 1892	15:16,26
	100m: 01:45,64 (01:45,64)	200m: 03:40,48 (01:54,84)	300m: 05:35,64 (01:55,16)	400m: 07:31,54 (01:55,90)
	500m: 09:27,92 (01:56,38)	600m: 11:24,92 (01:57,00)	700m: 13:21,13 (01:56,21)	800m: 15:16,26 (01:55,13)
2.	Grasse, Gerda	1935/AK70	VfV Hildesheim	15:58,08
	100m: 01:50,86 (01:50,86)	800m: 15:58,08 (14:07,22)		

Ak 65

Platz	Schwimmerin	Jg/Ak	Verein	Endzeit
1.	Koch, Sigrid	1941/AK65	Helmstedter SV	15:05,16
	100m: 01:45,28 (01:45,28)	200m: 03:39,31 (01:54,03)	300m: 05:33,89 (01:54,58)	400m: 07:28,47 (01:54,58)
	500m: 09:22,86 (01:54,39)	600m: 11:17,17 (01:54,31)	700m: 13:28,07 (02:10,90)	800m: 15:05,16 (01:37,09)

Ak 60

Platz	Schwimmerin	Jg/Ak	Verein	Endzeit
1.	Reineke, Elisabeth	1949/AK60	SSF Obernkirchen	12:56,73
	100m: 01:32,07 (01:32,07)	200m: 03:11,51 (01:39,44)	300m: 04:51,48 (01:39,97)	400m: 06:30,29 (01:38,81)
	500m: 08:07,45 (01:37,16)	600m: 09:45,39 (01:37,94)	700m: 11:22,67 (01:37,28)	800m: 12:56,73 (01:34,06)

Ak 55

Platz	Schwimmerin	Jg/Ak	Verein	Endzeit
1.	Morche-Bloch, Sabine	1950/AK55	TSV Achim 1860 e.V.	12:34,06
	100m: 01:26,26 (01:26,26)	800m: 12:34,06 (11:07,80)		
2.	Kallenbach, Barbara	1950/AK55	Helmstedter SV	14:41,03
	100m: 01:44,25 (01:44,25)	200m: 03:36,33 (01:52,08)	300m: 05:26,94 (01:50,61)	400m: 07:18,22 (01:51,28)
	500m: 09:09,77 (01:51,55)	600m: 11:00,41 (01:50,64)	700m: 12:52,09 (01:51,68)	800m: 14:41,03 (01:48,94)
3.	Hilke, Gabriele	1953/AK55	TSV Salzgitter	15:08,95
	100m: 01:48,64 (01:48,64)	200m: 03:42,84 (01:54,20)	300m: 05:36,92 (01:54,08)	400m: 07:30,79 (01:53,87)
	500m: 09:25,28 (01:54,49)	600m: 11:19,57 (01:54,29)	700m: 13:14,16 (01:54,59)	800m: 15:08,95 (01:54,79)

Ak 50

Platz	Schwimmerin	Jg/Ak	Verein	Endzeit
1.	Joswig, Gerda	1955/AK50	SC Barsinghausen	13:12,88
	100m: 01:30,60 (01:30,60)	200m: 03:11,97 (01:41,37)	300m: 04:52,90 (01:40,93)	400m: 06:34,77 (01:41,87)
	500m: 08:16,24 (01:41,47)	600m: 09:56,67 (01:40,43)	700m: 11:35,78 (01:39,11)	800m: 13:12,88 (01:37,10)
2.	Stupp, Elisabeth	1956/AK50	SV Garbsen	14:23,88
	100m: 01:37,55 (01:37,55)	200m: 03:26,85 (01:49,30)	300m: 05:17,34 (01:50,49)	400m: 07:08,53 (01:51,19)
	500m: 08:58,79 (01:50,26)	600m: 10:49,71 (01:50,92)	700m: 12:38,78 (01:49,07)	800m: 14:23,88 (01:45,10)

nicht am Start

Tiedtke-Crede, Angelika 1957/AK50 TSV Anderten

Ak 45

Platz	Schwimmerin	Jg/Ak	Verein	Endzeit
1.	Baacke, Iris	1962/AK45	Celler SC	10:50,80
	100m: 01:13,89 (01:13,89)	200m: 02:34,73 (01:20,84)	300m: 03:56,86 (01:22,13)	400m: 05:20,10 (01:23,24)
	500m: 06:43,39 (01:23,29)	600m: 08:07,02 (01:23,63)	700m: 09:30,29 (01:23,27)	800m: 10:50,80 (01:20,51)
2.	Wolters, Heike	1962/AK45	SV Ganderkesee 69 e.V.	12:58,67
	100m: 01:30,95 (01:30,95)	200m: 03:07,67 (01:36,72)	300m: 04:45,76 (01:38,09)	400m: 06:24,86 (01:39,10)
	500m: 08:04,32 (01:39,46)	600m: 09:43,80 (01:39,48)	700m: 11:22,42 (01:38,62)	800m: 12:58,67 (01:36,25)

Ak 40

Platz	Schwimmerin	Jg/Ak	Verein	Endzeit
1.	Schortmann, Beate	1965/AK40	Heidmühler FC	11:33,15
	100m: 01:17,76 (01:17,76)	200m: 02:44,75 (01:26,99)	300m: 04:13,25 (01:28,50)	400m: 05:42,61 (01:29,36)
	500m: 07:11,08 (01:28,47)	600m: 08:39,25 (01:28,17)	700m: 10:07,11 (01:27,86)	800m: 11:33,15 (01:26,04)

Ak 35

Platz	Schwimmerin	Jg/Ak	Verein	Endzeit
1.	Sachtleder, Kai	1971/AK35	SG Weser-Ems/Oldenburg	10:51,58
	100m: 01:16,05 (01:16,05)	200m: 02:37,14 (01:21,09)	300m: 03:59,03 (01:21,89)	400m: 05:20,96 (01:21,93)
	500m: 06:43,54 (01:22,58)	600m: 08:06,09 (01:22,55)	700m: 09:29,26 (01:23,17)	800m: 10:51,58 (01:22,32)
2.	Baehr, Katy	1972/AK35	SV Wasserfreunde von 1898 Hannover e.V.	12:28,06
	100m: 01:22,76 (01:22,76)	200m: 02:55,36 (01:32,60)	300m: 04:30,41 (01:35,05)	400m: 06:06,16 (01:35,75)
	500m: 07:43,12 (01:36,96)	600m: 09:18,64 (01:35,52)	700m: 10:54,11 (01:35,47)	800m: 12:28,06 (01:33,95)
3.	Otte, Nicole	1974/AK35	Wilhelmshavener SSV	12:55,29
	200m: 03:02,39 (03:02,39)	300m: 04:41,06 (01:38,67)	400m: 06:20,29 (01:39,23)	500m: 08:00,36 (01:40,07)
	600m: 09:39,61 (01:39,25)	700m: 11:19,45 (01:39,84)	800m: 12:55,29 (01:35,84)	

Ak 25

Platz	Schwimmerin	Jg/Ak	Verein	Endzeit
1.	Ismer, Henriette	1980/AK25	S.C. Hellas Salzgitter	10:39,54
	100m: 01:13,71 (01:13,71)	200m: 02:33,53 (01:19,82)	300m: 03:54,40 (01:20,87)	400m: 05:16,19 (01:21,79)
	500m: 06:37,53 (01:21,34)	600m: 07:59,74 (01:22,21)	700m: 09:20,96 (01:21,22)	800m: 10:39,54 (01:18,58)
2.	Hirsch, Nina-Cathrin	1980/AK25	Heidmühler FC	12:01,67
	100m: 01:21,54 (01:21,54)	200m: 02:50,89 (01:29,35)	300m: 04:21,86 (01:30,97)	400m: 05:55,76 (01:33,90)
	500m: 07:28,20 (01:32,44)	600m: 09:00,45 (01:32,25)	700m: 10:34,60 (01:34,15)	800m: 12:01,67 (01:27,07)
3.	Ludwig, Janine	1984/AK25	SC Langenhagen	12:03,13
	100m: 01:18,02 (01:18,02)	200m: 02:46,42 (01:28,40)	300m: 04:18,20 (01:31,78)	400m: 05:50,07 (01:31,87)
	500m: 07:23,76 (01:33,69)	600m: 08:57,95 (01:34,19)	700m: 10:32,20 (01:34,25)	800m: 12:03,13 (01:30,93)

Ak 20

Platz	Schwimmerin	Jg/Ak	Verein	Endzeit
1.	Bohling, Jennifer	1985/AK20	SGS Hannover	10:24,54
	100m: 01:12,95 (01:12,95)	200m: 02:32,17 (01:19,22)	300m: 03:52,51 (01:20,34)	400m: 05:11,00 (01:18,49)
	500m: 06:29,64 (01:18,64)	600m: 07:48,00 (01:18,36)	700m: 09:06,86 (01:18,86)	800m: 10:24,54 (01:17,68)
2.	Klingenberg, Jennifer	1987/AK20	Heidmühler FC	12:08,01
	100m: 01:20,75 (01:20,75)	200m: 02:51,16 (01:30,41)	300m: 04:22,74 (01:31,58)	400m: 05:56,74 (01:34,00)
	500m: 07:30,37 (01:33,63)	600m: 09:04,58 (01:34,21)	800m: 12:08,01 (03:03,43)	
3.	Klingenberg, Melanie	1987/AK20	Heidmühler FC	12:34,75
	100m: 01:24,73 (01:24,73)	200m: 02:58,09 (01:33,36)	300m: 04:34,67 (01:36,58)	400m: 06:11,94 (01:37,27)
	500m: 07:49,69 (01:37,75)	600m: 09:27,14 (01:37,45)	700m: 11:03,62 (01:36,48)	800m: 12:34,75 (01:31,13)

Wettkampf 10 - 4x200m Brust männlich

200 +

Platz	Schwimmer	Verein	Endzeit
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nicht am Start

Ak 200 +, Mannschaft 1 SC Barsinghausen

disqualifiziert

Ak 200 +, Mannschaft 1 (186) SSG Braunschweig

Biermann, Maik - Jg. 1987 -

Liedke, Peter - Jg. 1967 -

Hauer, Ulrich - Jg. 1957 -

Elsner, Rolf - Jg. 1939 -

Die gemeldete Altersklasse wurde nicht eingehalten

Uhrzeit der Bekanntgabe: 11:07

120 +

Platz	Schwimmer	Verein	Endzeit
1.	Ak 120 +, Mannschaft 1	(131) TSV Quakenbrück	11:24,13
	Boknecht, Heiko - Jg. 1968 -	100m: 01:18,74 (01:18,74)	200m: 02:43,63 (01:24,89)
	Haidukiewitz, Andreas - Jg. 1986 -	300m: 04:09,88 (01:26,25)	400m: 05:43,93 (01:34,05)
	Kater, Tobias - Jg. 1983 -	500m: 07:09,12 (01:25,19)	600m: 08:39,85 (01:30,73)
	Annenken, Hartmut - Jg. 1968 -	700m: 09:59,03 (01:19,18)	800m: 11:24,13 (01:25,10)

Wettkampf 11 - 4x200m Brust weiblich

240 +

Platz	Schwimmerin	Verein	Endzeit
1.	Ak 240 +, Mannschaft	(228) Helmstedter SV	17:26,03
	Koch, Sigrid - Jg. 1941 - 100m: 02:02,45 (02:02,45) 200m: 04:10,34 (02:07,89)		
	Schridde, Gunhild - Jg. 1965 - 300m: 06:35,93 (02:25,59) 400m: 09:12,20 (02:36,27)		
	Kallenbach, Barbara - Jg. 1950 - 500m: 11:17,55 (02:05,35) 600m: 13:33,11 (02:15,56)		
	Dräger, Heike - Jg. 1952 - 700m: 15:27,08 (01:53,97) 800m: 17:26,03 (01:58,95)		

200 +

Platz	Schwimmerin	Verein	Endzeit
1.	Ak 200 +, Mannschaft	(200) Helmstedter SV	14:50,09
	Krack, Susanne - Jg. 1956 - 100m: 01:40,90 (01:40,90) 200m: 03:28,11 (01:47,21)		
	von Bodenhausen, Almuth - Jg. 1960 - 300m: 05:16,12 (01:48,01) 400m: 07:12,39 (01:56,27)		
	Napirata-Fricke, Silke - Jg. 1964 - 500m: 09:04,21 (01:51,82) 600m: 11:00,56 (01:56,35)		
	Bergmann, Barbara - Jg. 1956 - 700m: 12:50,31 (01:49,75) 800m: 14:50,09 (01:59,78)		

100 +

Platz	Schwimmerin	Verein	Endzeit
	disqualifiziert		
	AK 100 +, Mannschaft 1 (117) Heidmühler FC		
	Schortmann, Beate - Jg. 1965 - 100m: 01:39,84 (01:39,84) 200m: 03:27,31 (01:47,47)		
	Hirsch, Nina-Cathrin - Jg. 1980 - 300m: 05:19,11 (01:51,80) 400m: 07:21,78 (02:02,67)		
	Klingenberg, Melanie - Jg. 1987 - 500m: 09:06,90 (01:45,12) 600m: 10:57,05 (01:50,15)		
	Klingenberg, Jennifer - Jg. 1987 -		
	Die 4. Schwimmerin hat nach dem Start und nach den Wenden einen Delfinkick, vor Beginn des 1. Zyklus, durchgeführt.		
	Uhrzeit der Bekanntgabe: 11:20		

Wettkampf 12 - 200m Schmetterling männlich

Ak 60

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
	aufgegeben			
	Morche, Ulrich-Utz	1946/AK60	SC-Seevetal	

Ak 55

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	Busche, Günther	1951/AK55	SC Barsinghausen	03:07,30
	100m: 01:27,89 (01:27,89) 200m: 03:07,30 (01:39,41)			
2.	Göllner, Christian	1954/AK55	SGS Verden/Dörverden	03:09,02
	100m: 01:18,57 (01:18,57) 200m: 03:09,02 (01:50,45)			

Ak 45

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	Knebel, Fritz	1962/AK45	Cloppenburger Schwimmverein	02:50,20
	100m: 01:20,06 (01:20,06) 200m: 02:50,20 (01:30,14)			
2.	Lange, Frank	1964/AK45	SV Wasserfreunde von 1898 Hannover e.V.	02:56,07
	100m: 01:20,67 (01:20,67) 200m: 02:56,07 (01:35,40)			

abgemeldet

Eimer, Dieter 1963/AK45 SGS Verden/Dörverden

Ak 40

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	Boknecht, Heiko	1968/AK40	TSV Quakenbrück	02:17,90
	100m: 01:05,24 (01:05,24) 200m: 02:17,90 (01:12,66)			
2.	Steincke, Joachim	1966/AK40	SGS Hannover	02:46,68
	100m: 01:16,94 (01:16,94) 200m: 02:46,68 (01:29,74)			

Ak 30				
Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	Michaelson, Mathias	1977/AK30	SG Böhmetal	02:11,82
	100m: 01:02,26 (01:02,26)		200m: 02:11,82 (01:09,56)	
2.	Ladenthin, Holger	1979/AK30	SGS Hannover	02:23,63
	100m: 01:06,24 (01:06,24)		200m: 02:23,63 (01:17,39)	

Ak 25				
Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	Peter, Fabian	1981/AK25	SV Garbsen	02:18,95
	100m: 01:05,13 (01:05,13)		200m: 02:18,95 (01:13,82)	
2.	Fink, Thorsten	1982/AK25	SSG Braunschweig	02:22,58
	100m: 01:07,30 (01:07,30)		200m: 02:22,58 (01:15,28)	
3.	Hohlen, Marco	1980/AK25	SG Weser-Ems/Oldenburg	02:36,45
	100m: 01:11,77 (01:11,77)		200m: 02:36,45 (01:24,68)	

Ak 20				
Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	Koal, Moritz	1989/AK20	TV Jahn Wolfsburg	02:22,20
	100m: 01:07,52 (01:07,52)		200m: 02:22,20 (01:14,68)	
2.	Hanft, Mathias	1988/AK20	SC Langenhagen	02:27,60
	100m: 01:06,92 (01:06,92)		200m: 02:27,60 (01:20,68)	
3.	Haidukiewitz, Andreas	1986/AK20	TSV Quakenbrück	02:30,50
	100m: 01:12,03 (01:12,03)		200m: 02:30,50 (01:18,47)	
4.	Gaßmann, Florian	1986/AK20	SV Garbsen	02:36,52
	100m: 01:12,77 (01:12,77)		200m: 02:36,52 (01:23,75)	
5.	Stangel, Arne	1988/AK20	SC Langenhagen	02:54,22
	100m: 01:17,95 (01:17,95)		200m: 02:54,22 (01:36,27)	
6.	Kemlein, Nikolaj	1988/AK20	TSV Achim 1860 e.V.	02:55,34
	100m: 01:18,25 (01:18,25)		200m: 02:55,34 (01:37,09)	

Wettkampf 13 - 200m Schmetterling weiblich

Ak 60				
Platz	Schwimmerin	Jg/Ak	Verein	Endzeit
1.	Reineke, Elisabeth	1949/AK60	SSF Obernkirchen	03:38,98
	100m: 01:44,70 (01:44,70)		200m: 03:38,98 (01:54,28)	

Ak 55				
Platz	Schwimmerin	Jg/Ak	Verein	Endzeit
1.	Morche-Bloch, Sabine	1950/AK55	TSV Achim 1860 e.V.	03:24,00
	100m: 01:34,60 (01:34,60)		200m: 03:24,00 (01:49,40)	
2.	Hilke, Gabriele	1953/AK55	TSV Salzgitter	04:13,48
	100m: 02:02,83 (02:02,83)		200m: 04:13,48 (02:10,65)	

Ak 50				
Platz	Schwimmerin	Jg/Ak	Verein	Endzeit
1.	Krack, Susanne	1956/AK50	Helmstedter SV	03:25,52
	100m: 01:39,81 (01:39,81)		200m: 03:25,52 (01:45,71)	

Ak 40				
Platz	Schwimmerin	Jg/Ak	Verein	Endzeit
1.	Schortmann, Beate	1965/AK40	Heidmühler FC	03:08,41
	100m: 01:28,20 (01:28,20)		200m: 03:08,41 (01:40,21)	

Ak 35				
Platz	Schwimmerin	Jg/Ak	Verein	Endzeit
1.	Lazar, Kathrin	1970/AK35	1. WV Wunstorf	02:58,82
	100m: 01:21,70 (01:21,70)		200m: 02:58,82 (01:37,12)	

Ak 30				
Platz	Schwimmerin	Jg/Ak	Verein	Endzeit
1.	Gottschalk, Katja	1977/AK30	Hannoverscher SV v. 1892	03:43,39
	100m: 01:39,87 (01:39,87)		200m: 03:43,39 (02:03,52)	

Ak 25

Platz	Schwimmerin	Jg/Ak	Verein	Endzeit
1.	Ismer, Henriette	1980/AK25	S.C. Hellas Salzgitter	02:48,57
	100m: 01:20,45 (01:20,45) 200m: 02:48,57 (01:28,12)			
2.	Hirsch, Nina-Cathrin	1980/AK25	Heidmühler FC	03:17,91
	100m: 01:35,79 (01:35,79) 200m: 03:17,91 (01:42,12)			

Ak 20

Platz	Schwimmerin	Jg/Ak	Verein	Endzeit
1.	Klingenberg, Melanie	1987/AK20	Heidmühler FC	03:12,23
	100m: 01:32,86 (01:32,86) 200m: 03:12,23 (01:39,37)			

Abschnittsende: 11:45 Uhr

Protokollende: 11:52 Uhr

Schiedsrichter weiblich

Schiedsrichter männlich

Protokollführer

Kampfgericht Abschnitt 3

Position	Name	Verein
Schiedsrichter weiblich	Arlt, Nils-André	LSN
Schiedsrichter männlich	Topp, Sven	LSN
Starter weiblich	Ostwald, Frederik	LSN
Starter männlich	Ostwald, Frederik	LSN
Schwimmrichter 1	Molenda, Harald	1. WV Wunstorf
Schwimmrichter 2	Ostwald, Frederik	LSN
Sprecher 1	Kohl, Melanie	SC Langenhagen
Auswerter 1	Werke, Götz	LSN
Protokollführer	Winkler, Nico / Kühn, Andreas	SC Langenhagen
<i>Zielgericht</i>		
Zielrichterobmann	Schiller, Sigrun	Helmstedter SV
Zielrichter 1	Ulrichs, Klaus	Heidmühler FC
Zielrichter 2	Tinne, Annegret	SV Wasserfreunde von 1898
<i>Zeitgericht 1</i>		
Zeitnehmerobmann	Roy, Hans-Jürgen	SSG Braunschweig
Zeitnehmer Bahn 1	Kallenbach, Barbara	Helmstedter SV
Zeitnehmer Bahn 2	Gödecke, Stefan	Hannoverscher SV v. 1892
Zeitnehmer Bahn 3	Kornlein, Nikolas	TSV Achim 1860 e.V.
Zeitnehmer Bahn 4	Vogt, Sina	TSV Quakenbrück
Zeitnehmer Bahn 5	Oehm, Andre	TV Jahn Wolfsburg
Reservezeitnehmer 1	Behmer, Tanja	Waspo 08 Göttingen
<i>Zeitgericht 2</i>		
Zeitnehmerobmann	Bentlage, Carsten	SV Garbsen
Zeitnehmer Bahn 1	Busche, Günther	SC Barsinghausen
Zeitnehmer Bahn 2	Klingenberg, Melanie	Heidmühler FC
Zeitnehmer Bahn 3	Marquardt, Michael	SGS Hannover
Zeitnehmer Bahn 4	Kortendieck, Helmut	Wilhelmshavener SSV
Zeitnehmer Bahn 5	Gratz, Marlis	SGS Verden Dörverden
Reservezeitnehmer 1		n.n.
<i>Wendegericht</i>		
Wenderichterobmann	Tosch, Malte	SV Wasserfreunde von 1898
Hannover e.V.		
Wenderichter Bahn 1	Horst, Ilona	SGS Hannover
Wenderichter Bahn 2	Horst, Ilona	SGS Hannover
Wenderichter Bahn 3	Tosch, Malte	SV Wasserfreunde von 1898
Hannover e.V.		
Wenderichter Bahn 4	Boknecht, Heinz	TSV Quakenbrück
Wenderichter Bahn 5	Boknecht, Heinz	TSV Quakenbrück

Wettkampfbecken

5 Bahnen à 25m Wellenkillerleinen Handzeitnahme Temperatur: 27°C

Abschnitt 3

Wettkampf 14 4x200m Freistil mixed
Wettkampf 15 200m Rücken männlich
Wettkampf 16 200m Rücken weiblich
Wettkampf 17 1500m Freistil männlich

Wettkampf 14 - 4x200m Freistil mixed

160 +

Platz	Schwimmer	Verein	Endzeit
1.	Ak 160 +, Mannschaft (173)	Helmstedter SV	10:25,13
	Dodt, Hendrik - Jg. 1965 - 100m: 01:16,13 (01:16,13) 200m: 02:43,75 (01:27,62)		
	Krack, Susanne - Jg. 1956 - 300m: 04:06,60 (01:22,85) 400m: 05:36,18 (01:29,58)		
	Beckmann, Ramona - Jg. 1978 - 500m: 06:42,43 (01:06,25) 600m: 07:56,43 (01:14,00)		
	Zachmann, Ralf - Jg. 1964 - 700m: 09:08,95 (01:12,52) 800m: 10:25,13 (01:16,18)		
2.	1 AK 160 +, Mannschaft (164)	Heidmühler FC	10:46,54
	Klingenberg, Jennifer - Jg. 1987 - 100m: 01:19,54 (01:19,54) 200m: 02:47,00 (01:27,46)		
	Buldt, Holger - Jg. 1966 - 300m: 04:03,42 (01:16,42) 400m: 05:28,16 (01:24,74)		
	Depping, Klaus - Jg. 1954 - 500m: 06:44,07 (01:15,91) 600m: 08:12,57 (01:28,50)		
	Schortmann, Beate - Jg. 1965 - 700m: 09:23,54 (01:10,97) 800m: 10:46,54 (01:23,00)		
3.	Ak 160 +, Mannschaft 1 (195)	TSV Achim 1860 e.V.	10:46,92
	Frerichs, Kai - Jg. 1963 - 100m: 01:15,26 (01:15,26) 200m: 02:40,36 (01:25,10)		
	Morche-Bloch, Sabine - Jg. 1950 - 300m: 04:02,89 (01:22,53) 400m: 05:33,16 (01:30,27)		
	Lenzig, Jutta - Jg. 1965 - 500m: 06:49,80 (01:16,64) 600m: 08:14,80 (01:25,00)		
	Mülder, Olaf - Jg. 1963 - 700m: 09:26,67 (01:11,87) 800m: 10:46,92 (01:20,25)		

120 +

Platz	Schwimmer	Verein	Endzeit
1.	AK 120 +, Mannschaft 1 (134)	Waspo 08 Göttingen	09:12,75
	Häcker, Irina - Jg. 1978 - 100m: 01:07,06 (01:07,06) 200m: 02:20,44 (01:13,38)		
	Wagner, Sven - Jg. 1968 - 300m: 03:29,31 (01:08,87) 400m: 04:44,25 (01:14,94)		
	Janitzki, Alexandra - Jg. 1980 - 500m: 05:51,63 (01:07,38) 600m: 07:02,06 (01:10,43)		
	Janitzki, Sascha - Jg. 1976 - 700m: 08:06,25 (01:04,19) 800m: 09:12,75 (01:06,50)		
2.	Ak 120 +, Mannschaft 1 (125)	SGS Hannover	09:17,89
	Ladenthin, Holger - Jg. 1979 - 100m: 00:57,54 (00:57,54) 200m: 02:00,89 (01:03,35)		
	Martin, Andrea - Jg. 1981 - 300m: 03:11,67 (01:10,78) 400m: 04:29,95 (01:18,28)		
	Bohling, Jennifer - Jg. 1985 - 500m: 05:40,60 (01:10,65) 600m: 06:59,86 (01:19,26)		
	Steincke, Joachim - Jg. 1966 - 700m: 08:05,51 (01:05,65) 800m: 09:17,89 (01:12,38)		

nicht am Start

Ak 120 +, Mannschaft 1 SV Wasserfreunde von 1898 Hannover e.V.

100 +

Platz	Schwimmer	Verein	Endzeit
1.	Ak 100 +, Mannschaft 1 (108)	SC Langenhagen	11:12,76
	Ludwig, Denise - Jg. 1982 - 200m: 03:19,23 (03:19,23)		
	Stangel, Arne - Jg. 1988 - 300m: 04:33,95 (01:14,72) 400m: 06:00,16 (01:26,21)		
	Ludwig, Janine - Jg. 1984 - 500m: 07:18,80 (01:18,64) 600m: 08:45,13 (01:26,33)		
	Battermann, Florian - Jg. 1974 - 700m: 09:51,64 (01:06,51) 800m: 11:12,76 (01:21,12)		

Wettkampf 15 - 200m Rücken männlich

Ak 65

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	Rühl, Helmut	1942/AK65	TSV Achim 1860 e.V.	03:32,44
	100m: 01:40,41 (01:40,41) 200m: 03:32,44 (01:52,03)			
2.	Reumann, Winfried	1944/AK65	TSV Quakenbrück	04:00,23
	100m: 01:56,51 (01:56,51) 200m: 04:00,23 (02:03,72)			
3.	Abbass, Bernhard	1944/AK65	Wilhelmshavener SSV	04:05,22
	100m: 01:50,56 (01:50,56) 200m: 04:05,22 (02:14,66)			

Ak 60

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	Dierkes, Wolfgang	1946/AK60	SV Wasserfreunde von 1898 Hannover e.V.	03:22,64
			100m: 01:36,23 (01:36,23) 200m: 03:22,64 (01:46,41)	
2.	Bremer, Holger	1945/AK60	SC-Seevetal	03:31,30
			100m: 01:42,24 (01:42,24) 200m: 03:31,30 (01:49,06)	

Ak 55

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	Beckmann, Klaus	1951/AK55	SG Weser-Ems/Oldenburg	02:56,07
			100m: 01:22,02 (01:22,02) 200m: 02:56,07 (01:34,05)	
2.	Peters, Bernd	1954/AK55	SV Ganderkesee 69 e.V.	03:05,95
			100m: 01:26,14 (01:26,14) 200m: 03:05,95 (01:39,81)	

Ak 50

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	Bächle, Wolfgang	1959/AK50	1. WV Wunstorf	02:51,08
			100m: 01:23,39 (01:23,39) 200m: 02:51,08 (01:27,69)	

Ak 45

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	Lange, Frank	1964/AK45	SV Wasserfreunde von 1898 Hannover e.V.	02:47,16
			100m: 01:23,16 (01:23,16) 200m: 02:47,16 (01:24,00)	

Ak 40

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	Boknecht, Heiko	1968/AK40	TSV Quakenbrück	02:22,31
			100m: 01:09,75 (01:09,75) 200m: 02:22,31 (01:12,56)	
2.	Buldt, Holger	1966/AK40	Heidmühler FC	03:05,95
			100m: 01:29,00 (01:29,00) 200m: 03:05,95 (01:36,95)	

Ak 30

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	Sauer, Sascha	1979/AK30	Wilhelmshavener SSV	02:25,68
			100m: 01:11,08 (01:11,08) 200m: 02:25,68 (01:14,60)	
2.	Michaelsen, Mathias	1977/AK30	SG Böhmetal	02:25,89
			100m: 01:12,67 (01:12,67) 200m: 02:25,89 (01:13,22)	

Ak 25

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	Peter, Fabian	1981/AK25	SV Garbsen	02:23,36
			100m: 01:10,26 (01:10,26) 200m: 02:23,36 (01:13,10)	
2.	Kater, Tobias	1983/AK25	TSV Quakenbrück	02:37,48
			100m: 01:17,45 (01:17,45) 200m: 02:37,48 (01:20,03)	

Ak 20

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	Hanft, Mathias	1988/AK20	SC Langenhagen	02:20,69
			100m: 01:07,72 (01:07,72) 200m: 02:20,69 (01:12,97)	
2.	Koal, Moritz	1989/AK20	TV Jahn Wolfsburg	02:35,80
			100m: 01:14,60 (01:14,60) 200m: 02:35,80 (01:21,20)	
3.	Gaßmann, Florian	1986/AK20	SV Garbsen	02:39,24
			100m: 01:17,69 (01:17,69) 200m: 02:39,24 (01:21,55)	
4.	Lechowicz, Christian	1989/AK20	TV Jahn Wolfsburg	02:48,54
			100m: 01:21,01 (01:21,01) 200m: 02:48,54 (01:27,53)	

Wettkampf 16 - 200m Rücken weiblich**Ak 70**

Platz	Schwimmerin	Jg/Ak	Verein	Endzeit
1.	Graue, Annelies	1937/AK70	Hannoverscher SV v. 1892	03:57,84
			100m: 01:58,07 (01:58,07) 200m: 03:57,84 (01:59,77)	

Ak 60				
Platz	Schwimmerin	Jg/Ak	Verein	Endzeit
1.	Reineke, Elisabeth	1949/AK60	SSF Obernkirchen	03:26,42
	100m: 01:41,80 (01:41,80)	200m: 03:26,42 (01:44,62)		
2.	Alex, Rosita	1945/AK60	S.C. Hellas Salzgitter	03:46,89
	100m: 01:49,33 (01:49,33)	200m: 03:46,89 (01:57,56)		
Ak 55				
Platz	Schwimmerin	Jg/Ak	Verein	Endzeit
1.	Morche-Bloch, Sabine	1950/AK55	TSV Achim 1860 e.V.	03:27,13
	100m: 01:41,22 (01:41,22)	200m: 03:27,13 (01:45,91)		
2.	Dräger, Heike	1952/AK55	Helmstedter SV	03:43,26
	100m: 01:44,51 (01:44,51)	200m: 03:43,26 (01:58,75)		
3.	Melzian, Ute Christiane	1951/AK55	SC Altwarmbüchen	03:50,72
	100m: 01:54,76 (01:54,76)	200m: 03:50,72 (01:55,96)		
4.	Hilke, Gabriele	1953/AK55	TSV Salzgitter	04:11,43
	100m: 02:02,94 (02:02,94)	200m: 04:11,43 (02:08,49)		
Ak 45				
Platz	Schwimmerin	Jg/Ak	Verein	Endzeit
1.	Wolters, Heike	1962/AK45	SV Ganderkesee 69 e.V.	03:24,73
	100m: 01:41,26 (01:41,26)	200m: 03:24,73 (01:43,47)		
Ak 40				
Platz	Schwimmerin	Jg/Ak	Verein	Endzeit
1.	Krietsch, Corinna	1969/AK40	1. WV Wunstorf	02:38,25
	100m: 01:16,35 (01:16,35)	200m: 02:38,25 (01:21,90)		
2.	Pielke, Dorothea	1965/AK40	SGS Hannover	02:48,51
	100m: 01:22,20 (01:22,20)	200m: 02:48,51 (01:26,31)		
3.	Lenzig, Jutta	1965/AK40	TSV Achim 1860 e.V.	03:02,02
	100m: 01:29,10 (01:29,10)	200m: 03:02,02 (01:32,92)		
Ak 35				
Platz	Schwimmerin	Jg/Ak	Verein	Endzeit
1.	Otte, Nicole	1974/AK35	Wilhelmshavener SSV	03:05,51
	100m: 01:28,42 (01:28,42)	200m: 03:05,51 (01:37,09)		
2.	Niemann, Carola	1972/AK35	Helmstedter SV	03:42,51
	100m: 01:44,32 (01:44,32)	200m: 03:42,51 (01:58,19)		
Ak 30				
Platz	Schwimmerin	Jg/Ak	Verein	Endzeit
1.	Beckmann, Ramona	1978/AK30	Helmstedter SV	02:35,13
	100m: 01:14,80 (01:14,80)	200m: 02:35,13 (01:20,33)		
2.	Häcker, Irina	1978/AK30	Waspo 08 Göttingen	02:50,65
	100m: 01:22,97 (01:22,97)	200m: 02:50,65 (01:27,68)		
Ak 25				
Platz	Schwimmerin	Jg/Ak	Verein	Endzeit
1.	Ismer, Henriette	1980/AK25	S.C. Hellas Salzgitter	02:40,02
	100m: 01:18,45 (01:18,45)	200m: 02:40,02 (01:21,57)		
2.	Martin, Andrea	1981/AK25	SGS Hannover	02:45,64
	100m: 01:21,27 (01:21,27)	200m: 02:45,64 (01:24,37)		
3.	Gawellek, Anja	1980/AK25	Helmstedter SV	03:04,70
	100m: 01:28,17 (01:28,17)	200m: 03:04,70 (01:36,53)		
4.	Hirsch, Nina-Cathrin	1980/AK25	Heidmühler FC	03:15,14
	100m: 01:36,06 (01:36,06)	200m: 03:15,14 (01:39,08)		
	nicht am Start			
	Söhlke, Maren	1981/AK25	1. WV Wunstorf	
Ak 20				
Platz	Schwimmerin	Jg/Ak	Verein	Endzeit
1.	Bohling, Jennifer	1985/AK20	SGS Hannover	02:45,12
	100m: 01:21,06 (01:21,06)	200m: 02:45,12 (01:24,06)		
2.	Haidukiewitz, Kristin	1989/AK20	TSV Quakenbrück	02:55,07
	100m: 01:22,39 (01:22,39)	200m: 02:55,07 (01:32,68)		

3. Klingenberg, Jennifer 1987/AK20 Heidmühler FC 03:08,10
 100m: 01:31,45 (01:31,45) 200m: 03:08,10 (01:36,65)

Wettkampf 17 - 1500m Freistil männlich

Ak 70

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	Ebner, Klaus-Dieter	1936/AK70	Hannoverscher SV v. 1892	25:09,16
	100m: 01:28,76 (01:28,76) 200m: 03:06,57 (01:37,81) 300m: 04:45,76 (01:39,19) 400m: 06:25,70 (01:39,94) 500m: 08:07,00 (01:41,30) 600m: 09:48,48 (01:41,48) 700m: 11:29,73 (01:41,25) 800m: 13:12,48 (01:42,75) 900m: 14:56,29 (01:43,81) 1000m: 16:39,45 (01:43,16) 1100m: 18:22,92 (01:43,47) 1200m: 20:04,92 (01:42,00) 1300m: 21:48,51 (01:43,59) 1400m: 23:31,13 (01:42,62) 1500m: 25:09,16 (01:38,03)			
2.	Grüneberg, Werner	1935/AK70	SSG Braunschweig	41:35,00
	100m: 02:29,30 (02:29,30) 200m: 05:15,31 (02:46,01) 300m: 08:00,24 (02:44,93) 400m: 10:49,87 (02:49,63) 500m: 13:36,55 (02:46,68) 600m: 16:24,06 (02:47,51) 700m: 19:12,55 (02:48,49) 800m: 21:53,30 (02:40,75) 900m: 24:42,18 (02:48,88) 1000m: 27:35,43 (02:53,25) 1100m: 30:27,58 (02:52,15) 1200m: 33:14,81 (02:47,23) 1300m: 36:03,78 (02:48,97) 1400m: 38:51,68 (02:47,90) 1500m: 41:35,00 (02:43,32)			

Ak 65

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	Lüpkes, Hilrich	1940/AK65	SV Neptun Emden	23:25,28
	100m: 01:25,36 (01:25,36) 200m: 02:58,82 (01:33,46) 300m: 04:33,26 (01:34,44) 400m: 06:07,03 (01:33,77) 500m: 07:41,93 (01:34,90) 600m: 09:17,09 (01:35,16) 700m: 10:52,43 (01:35,34) 800m: 12:27,97 (01:35,54) 900m: 14:03,72 (01:35,75) 1000m: 15:38,31 (01:34,59) 1100m: 17:12,25 (01:33,94) 1200m: 18:46,03 (01:33,78) 1300m: 20:19,75 (01:33,72) 1400m: 21:54,84 (01:35,09) 1500m: 23:25,28 (01:30,44)			
2.	Geistefeldt, Dieter	1940/AK65	SSG Braunschweig	26:38,23
	100m: 01:32,23 (01:32,23) 200m: 03:17,20 (01:44,97) 300m: 05:03,51 (01:46,31) 400m: 06:51,36 (01:47,85) 500m: 08:38,92 (01:47,56) 600m: 10:24,48 (01:45,56) 700m: 12:13,60 (01:49,12) 800m: 14:03,02 (01:49,42) 900m: 15:52,23 (01:49,21) 1000m: 17:40,92 (01:48,69) 1100m: 19:30,76 (01:49,84) 1200m: 21:21,89 (01:51,13) 1300m: 23:12,23 (01:50,34) 1400m: 24:57,39 (01:45,16) 1500m: 26:38,23 (01:40,84)			
3.	Rühl, Helmut	1942/AK65	TSV Achim 1860 e.V.	27:01,70
	100m: 01:35,80 (01:35,80) 200m: 03:24,00 (01:48,20) 300m: 05:10,42 (01:46,42) 400m: 06:54,70 (01:44,28) 500m: 08:42,57 (01:47,87) 600m: 10:31,45 (01:48,88) 700m: 12:21,76 (01:50,31) 800m: 14:12,23 (01:50,47) 900m: 16:01,89 (01:49,66) 1000m: 17:52,00 (01:50,11) 1100m: 19:41,26 (01:49,26) 1200m: 21:32,92 (01:51,66) 1300m: 23:24,04 (01:51,12) 1400m: 25:14,26 (01:50,22) 1500m: 27:01,70 (01:47,44)			
4.	Stöber, Hans	1943/AK65	SC Langenhagen	29:28,46
	100m: 01:42,84 (01:42,84) 200m: 03:38,99 (01:56,15) 300m: 05:37,21 (01:58,22) 400m: 07:37,30 (02:00,09) 500m: 09:35,46 (01:58,16) 600m: 11:35,60 (02:00,14) 700m: 13:36,00 (02:00,40) 800m: 15:35,84 (01:59,84) 900m: 17:35,84 (02:00,00) 1000m: 19:37,43 (02:01,59) 1100m: 21:37,84 (02:00,41) 1200m: 23:34,84 (01:57,00) 1300m: 25:34,30 (01:59,46) 1400m: 27:31,78 (01:57,48) 1500m: 29:28,46 (01:56,68)			
5.	Bormann, Robert	1944/AK65	TSR Olympia Wilhelmshaven	34:59,69
	100m: 01:58,44 (01:58,44) 200m: 04:15,61 (02:17,17) 300m: 06:34,14 (02:18,53) 400m: 08:51,73 (02:17,59) 500m: 11:10,68 (02:18,95) 600m: 13:30,24 (02:19,56) 700m: 15:49,32 (02:19,08) 800m: 18:09,58 (02:20,26) 900m: 20:32,50 (02:22,92) 1000m: 22:55,44 (02:22,94) 1100m: 25:18,16 (02:22,72) 1200m: 27:41,83 (02:23,67) 1300m: 30:14,10 (02:32,27) 1400m: 32:40,25 (02:26,15) 1500m: 34:59,69 (02:19,44)			

Ak 60

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	Dierkes, Wolfgang	1946/AK60	SV Wasserfreunde von 1898 Hannover e.V.	23:50,82
	100m: 01:26,00 (01:26,00) 200m: 02:58,10 (01:32,10) 300m: 04:31,76 (01:33,66) 400m: 06:06,51 (01:34,75) 500m: 07:41,02 (01:34,51) 600m: 09:16,76 (01:35,74) 700m: 10:52,45 (01:35,69) 800m: 12:28,89 (01:36,44) 900m: 14:05,16 (01:36,27) 1000m: 15:42,16 (01:37,00) 1100m: 17:18,82 (01:36,66) 1200m: 18:57,42 (01:38,60) 1300m: 20:36,02 (01:38,60) 1400m: 22:14,32 (01:38,30) 1500m: 23:50,82 (01:36,50)			
2.	Morche, Ulrich-Utz	1946/AK60	SC-Seevetal	25:24,51
	100m: 01:24,61 (01:24,61) 200m: 03:00,17 (01:35,56) 300m: 04:41,00 (01:40,83) 400m: 06:23,23 (01:42,23) 500m: 08:07,64 (01:44,41) 600m: 09:53,14 (01:45,50) 700m: 11:36,89 (01:43,75) 800m: 13:20,45 (01:43,56) 900m: 15:03,89 (01:43,44) 1000m: 16:48,89 (01:45,00) 1100m: 18:31,42 (01:42,53) 1200m: 20:14,64 (01:43,22) 1300m: 21:59,33 (01:44,69) 1400m: 23:42,61 (01:43,28) 1500m: 25:24,51 (01:41,90)			

Ak 55

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	Langer, Dietmar	1953/AK55	SC Altwarmbüchen	22:27,08
	100m: 01:18,08 (01:18,08) 200m: 02:43,83 (01:25,75) 300m: 04:15,03 (01:31,20) 400m: 05:43,91 (01:28,88) 500m: 07:13,17 (01:29,26) 600m: 08:43,61 (01:30,44) 700m: 10:14,88 (01:31,27) 800m: 11:46,21 (01:31,33) 900m: 13:17,76 (01:31,55) 1000m: 14:49,58 (01:31,82) 1100m: 16:21,85 (01:32,27) 1200m: 17:53,66 (01:31,81) 1300m: 19:25,46 (01:31,80) 1400m: 20:57,78 (01:32,32) 1500m: 22:27,08 (01:29,30)			

2. Depping, Klaus 1954/AK55 Heidmühler FC 23:24,42
 100m: 01:24,36 (01:24,36) 200m: 02:57,29 (01:32,93) 300m: 04:31,07 (01:33,78) 400m: 06:05,47 (01:34,40)
 500m: 07:39,42 (01:33,95) 600m: 09:13,70 (01:34,28) 700m: 10:48,89 (01:35,19) 800m: 12:23,64 (01:34,75)
 900m: 13:59,68 (01:36,04) 1000m: 15:35,13 (01:35,45) 1100m: 17:09,20 (01:34,07) 1200m: 18:44,42 (01:35,22)
 1300m: 20:17,92 (01:33,50) 1400m: 21:52,51 (01:34,59) 1500m: 23:24,42 (01:31,91)
3. Thiry, Rolf 1953/AK55 VfV Hildesheim 27:09,50
 100m: 01:25,94 (01:25,94) 200m: 03:13,56 (01:47,62) 300m: 05:04,60 (01:51,04) 400m: 06:58,22 (01:53,62)
 500m: 08:49,20 (01:50,98) 600m: 10:40,18 (01:50,98) 700m: 12:31,68 (01:51,50) 800m: 14:21,94 (01:50,26)
 900m: 16:11,80 (01:49,86) 1000m: 18:00,68 (01:48,88) 1100m: 19:50,32 (01:49,64) 1200m: 21:41,12 (01:50,80)
 1300m: 23:31,73 (01:50,61) 1400m: 25:20,92 (01:49,19) 1500m: 27:09,50 (01:48,58)

Ak 50

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	Bächle, Wolfgang	1959/AK50	1. WV Wunstorf	20:26,82
	100m: 01:13,37 (01:13,37)	200m: 02:34,80 (01:21,43)	300m: 03:56,86 (01:22,06)	400m: 05:19,45 (01:22,59)
	500m: 06:42,48 (01:23,03)	600m: 08:04,92 (01:22,44)	700m: 09:27,86 (01:22,94)	800m: 10:51,00 (01:23,14)
	900m: 12:13,89 (01:22,89)	1000m: 13:36,76 (01:22,87)	1100m: 14:59,54 (01:22,78)	1200m: 16:22,67 (01:23,13)
	1300m: 17:45,36 (01:22,69)	1400m: 19:07,82 (01:22,46)	1500m: 20:26,82 (01:19,00)	
2.	Redemann, Jürgen	1955/AK50	SGS Bückeberg	22:03,97
	100m: 01:19,25 (01:19,25)	200m: 02:44,56 (01:25,31)	300m: 04:11,94 (01:27,38)	400m: 05:39,91 (01:27,97)
	500m: 07:09,44 (01:29,53)	600m: 08:38,51 (01:29,07)	700m: 10:07,97 (01:29,46)	800m: 11:37,64 (01:29,67)
	900m: 13:07,50 (01:29,86)	1000m: 14:37,13 (01:29,63)	1100m: 16:06,53 (01:29,40)	1200m: 17:38,62 (01:32,09)
	1300m: 19:05,59 (01:26,97)	1400m: 20:35,84 (01:30,25)	1500m: 22:03,97 (01:28,13)	
3.	Gleisberg, Rainer	1959/AK50	SV Großburgwedel	24:46,28
	100m: 01:22,72 (01:22,72)	200m: 02:56,91 (01:34,19)	300m: 04:34,72 (01:37,81)	400m: 06:13,87 (01:39,15)
	500m: 07:54,25 (01:40,38)	600m: 09:35,91 (01:41,66)	700m: 11:18,00 (01:42,09)	800m: 13:00,28 (01:42,28)
	900m: 14:42,56 (01:42,28)	1000m: 16:24,31 (01:41,75)	1100m: 18:05,59 (01:41,28)	1200m: 19:46,81 (01:41,22)
	1300m: 21:29,03 (01:42,22)	1400m: 23:10,25 (01:41,22)	1500m: 24:46,28 (01:36,03)	

Ak 45

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	Knebel, Fritz	1962/AK45	Cloppenburger Schwimmverein	19:32,13
	100m: 01:08,90 (01:08,90)	200m: 02:25,15 (01:16,25)	300m: 03:43,01 (01:17,86)	400m: 05:00,61 (01:17,60)
	500m: 06:18,49 (01:17,88)	600m: 07:37,89 (01:19,40)	700m: 08:56,83 (01:18,94)	800m: 10:14,61 (01:17,78)
	900m: 11:34,14 (01:19,53)	1000m: 12:54,38 (01:20,24)	1100m: 14:14,73 (01:20,35)	1200m: 15:34,80 (01:20,07)
	1300m: 16:54,79 (01:19,99)	1400m: 18:14,14 (01:19,35)	1500m: 19:32,13 (01:17,99)	
2.	Casale, Valentino	1963/AK45	TV Jahn Wolfsburg	19:45,73
	100m: 01:11,51 (01:11,51)	200m: 02:29,70 (01:18,19)	300m: 03:48,54 (01:18,84)	400m: 05:07,51 (01:18,97)
	500m: 06:28,29 (01:20,78)	600m: 07:48,51 (01:20,22)	700m: 09:09,13 (01:20,62)	800m: 10:29,23 (01:20,10)
	900m: 11:48,89 (01:19,66)	1000m: 13:09,16 (01:20,27)	1100m: 14:29,42 (01:20,26)	1200m: 15:49,73 (01:20,31)
	1300m: 17:10,00 (01:20,27)	1400m: 18:30,16 (01:20,16)	1500m: 19:45,73 (01:15,57)	
3.	Marek, Michael	1961/AK45	SV Wasserfreunde von 1898 Hannover e.V.	24:58,89
	100m: 01:22,39 (01:22,39)	200m: 02:59,86 (01:37,47)	300m: 04:41,13 (01:41,27)	400m: 06:24,57 (01:43,44)
	500m: 08:07,29 (01:42,72)	600m: 09:49,23 (01:41,94)	700m: 11:31,51 (01:42,28)	800m: 13:13,16 (01:41,65)
	900m: 14:56,86 (01:43,70)	1000m: 16:39,20 (01:42,34)	1100m: 18:20,57 (01:41,37)	1200m: 20:01,92 (01:41,35)
	1300m: 21:43,45 (01:41,53)	1400m: 23:24,57 (01:41,12)	1500m: 24:58,89 (01:34,32)	

abgemeldet

Eimer, Dieter 1963/AK45 SGS Verden/Dörverden

Ak 40

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	Anneken, Hartmut	1968/AK40	TSV Quakenbrück	18:06,09
	100m: 01:08,09 (01:08,09)	200m: 02:19,66 (01:11,57)	300m: 03:31,63 (01:11,97)	400m: 04:43,69 (01:12,06)
	500m: 05:56,06 (01:12,37)	600m: 07:08,98 (01:12,92)	700m: 08:22,34 (01:13,36)	800m: 09:35,69 (01:13,35)
	900m: 10:49,07 (01:13,38)	1000m: 12:02,29 (01:13,22)	1100m: 13:15,34 (01:13,05)	1200m: 14:28,88 (01:13,54)
	1300m: 15:42,32 (01:13,44)	1400m: 16:55,58 (01:13,26)	1500m: 18:06,09 (01:10,51)	
2.	Reineke, Marcus	1969/AK40	SSF Obernkirchen	18:43,48
	100m: 01:08,09 (01:08,09)	200m: 02:20,83 (01:12,74)	300m: 03:35,00 (01:14,17)	400m: 04:50,19 (01:15,19)
	500m: 06:05,54 (01:15,35)	600m: 07:20,54 (01:15,00)	700m: 08:36,25 (01:15,71)	800m: 09:51,23 (02:15,98)
	900m: 11:09,23 (02:18,00)	1000m: 12:25,66 (01:16,43)	1100m: 13:41,69 (01:16,03)	1200m: 14:57,94 (01:16,25)
	1300m: 16:13,81 (01:15,87)	1400m: 17:29,80 (01:15,99)	1500m: 18:43,48 (01:13,68)	
3.	Wilshusen, Jörg	1968/AK40	SGS Verden/Dörshuden	19:19,08
	100m: 01:10,77 (01:10,77)	200m: 02:28,30 (01:17,53)	300m: 03:46,14 (01:17,84)	400m: 05:04,77 (01:18,63)
	500m: 06:23,36 (01:18,59)	600m: 07:41,42 (01:18,06)	700m: 09:00,48 (01:19,06)	800m: 10:18,58 (01:18,10)
	900m: 11:35,54 (01:16,96)	1000m: 12:54,20 (01:18,66)	1100m: 14:11,26 (01:17,06)	1200m: 15:28,61 (01:17,35)
	1300m: 16:45,67 (01:17,06)	1400m: 18:02,61 (01:16,94)	1500m: 19:19,08 (01:16,47)	

4. Steincke, Joachim 1966/AK40 SGS Hannover 20:18,93
 100m: 01:12,74 (01:12,74) 200m: 02:33,60 (01:20,86) 300m: 03:55,80 (01:22,20) 400m: 05:18,32 (01:22,52)
 500m: 06:40,22 (01:21,90) 600m: 08:02,17 (01:21,95) 700m: 09:24,82 (01:22,65) 800m: 10:46,85 (01:22,03)
 900m: 12:08,07 (01:21,22) 1000m: 13:29,36 (01:21,29) 1100m: 14:51,74 (01:22,38) 1200m: 16:14,23 (01:22,49)
 1300m: 17:36,86 (01:22,63) 1400m: 19:00,22 (01:23,36) 1500m: 20:18,93 (01:18,71)
5. Wagner, Sven 1968/AK40 Waspo 08 Göttingen 20:53,29
 100m: 01:13,92 (01:13,92) 200m: 02:36,07 (01:22,15) 300m: 03:59,00 (01:22,93) 400m: 05:22,32 (01:23,32)
 500m: 06:46,29 (01:23,97) 600m: 08:10,29 (01:24,00) 700m: 09:34,73 (01:24,44) 800m: 10:58,70 (01:23,97)
 900m: 12:23,20 (01:24,50) 1000m: 13:48,10 (01:24,90) 1100m: 15:13,99 (01:25,89) 1200m: 16:38,80 (01:24,81)
 1300m: 18:03,76 (01:24,96) 1400m: 19:28,57 (01:24,81) 1500m: 20:53,29 (01:24,72)

disqualifiziert
 Buldt, Holger 1966/AK40 Heidmühler FC
 Schwimmer startete vor dem Startsignal
 Uhrzeit der Bekanntgabe: 15:20

Ak 35

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	Battermann, Florian	1974/AK35	SC Langenhagen	20:05,73
	100m: 01:08,26 (01:08,26) 200m: 02:25,36 (01:17,10) 300m: 03:46,32 (01:20,96) 400m: 05:07,51 (01:21,19) 500m: 06:28,66 (01:21,15) 600m: 07:49,70 (01:21,04) 700m: 09:12,22 (01:22,52) 800m: 10:34,44 (01:22,22) 900m: 11:55,82 (01:21,38) 1000m: 13:17,92 (01:22,10) 1100m: 14:40,60 (01:22,68) 1200m: 16:02,85 (01:22,25) 1300m: 17:26,28 (01:23,43) 1400m: 18:48,40 (01:22,12) 1500m: 20:05,73 (01:17,33)			
2.	Scharmer, Erich Martin	1971/AK35	SV Wasserfreunde von 1898 Hannover e.V.	24:58,65
	100m: 01:26,69 (01:26,69) 200m: 03:06,46 (01:39,77) 300m: 04:48,24 (01:41,78) 400m: 06:30,34 (01:42,10) 500m: 08:12,73 (01:42,39) 600m: 09:54,26 (01:41,53) 700m: 11:37,26 (01:43,00) 800m: 13:18,15 (01:40,89) 900m: 15:00,95 (01:42,80) 1000m: 16:40,75 (01:39,80) 1100m: 18:20,08 (01:39,33) 1200m: 20:01,18 (01:41,10) 1300m: 21:40,09 (01:38,91) 1400m: 23:20,93 (01:40,84) 1500m: 24:58,65 (01:37,72)			

Ak 30

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	Michaelsen, Mathias	1977/AK30	SG Böhmetal	17:22,02
	100m: 01:02,30 (01:02,30) 200m: 02:10,26 (01:07,96) 300m: 03:19,20 (01:08,94) 400m: 04:28,89 (01:09,69) 500m: 05:39,20 (01:10,31) 600m: 06:49,92 (01:10,72) 700m: 08:00,23 (01:10,31) 800m: 09:10,89 (01:10,66) 900m: 10:21,14 (01:10,25) 1000m: 11:31,51 (01:10,37) 1100m: 12:42,11 (01:10,60) 1200m: 13:52,95 (01:10,84) 1300m: 15:03,61 (01:10,66) 1400m: 16:14,11 (01:10,50) 1500m: 17:22,02 (01:07,91)			
2.	Ladenthin, Holger	1979/AK30	SGS Hannover	17:36,82
	100m: 01:04,54 (01:04,54) 200m: 02:13,54 (01:09,00) 300m: 03:22,95 (01:09,41) 400m: 04:33,80 (01:10,85) 500m: 05:44,42 (01:10,62) 600m: 06:55,73 (01:11,31) 700m: 08:08,26 (01:12,53) 800m: 09:20,20 (01:11,94) 900m: 10:32,10 (01:11,90) 1000m: 11:43,45 (01:11,35) 1100m: 12:55,02 (01:11,57) 1200m: 14:08,00 (01:12,98) 1300m: 15:19,64 (01:11,64) 1400m: 16:30,16 (01:10,52) 1500m: 17:36,82 (01:06,66)			
3.	Stemme, Dennis	1979/AK30	1. WV Wunstorf	19:39,13
	100m: 01:08,86 (01:08,86) 200m: 02:23,16 (01:14,30) 300m: 03:38,95 (01:15,79) 400m: 04:56,45 (01:17,50) 500m: 06:15,02 (01:18,57) 600m: 07:33,48 (01:18,46) 700m: 08:53,73 (01:20,25) 800m: 10:16,64 (01:22,91) 900m: 11:36,36 (01:19,72) 1000m: 12:57,67 (01:21,31) 1100m: 14:18,36 (01:20,69) 1200m: 15:38,92 (01:20,56) 1300m: 16:59,89 (01:20,97) 1400m: 18:20,80 (01:20,91) 1500m: 19:39,13 (01:18,33)			
4.	Sauer, Sascha	1979/AK30	Wilhelmshavener SSV	20:34,16
	100m: 01:14,85 (01:14,85) 200m: 02:34,88 (01:20,03) 300m: 03:55,66 (01:20,78) 400m: 05:18,06 (01:22,40) 500m: 06:40,60 (01:22,54) 600m: 08:03,56 (01:22,96) 700m: 09:26,13 (01:22,57) 800m: 10:49,47 (01:23,34) 900m: 12:12,66 (01:23,19) 1000m: 13:36,44 (01:23,78) 1100m: 14:59,85 (01:23,41) 1200m: 16:23,38 (01:23,53) 1300m: 17:47,10 (01:23,72) 1400m: 19:11,60 (01:24,50) 1500m: 20:34,16 (01:22,56)			

Ak 25

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	Schröder, Tammo	1983/AK25	SG Weser-Ems/Oldenburg	16:08,62
	100m: 01:00,28 (01:00,28) 200m: 02:04,65 (01:04,37) 300m: 03:09,09 (01:04,44) 400m: 04:14,09 (01:05,00) 500m: 05:19,07 (01:04,98) 600m: 06:24,37 (01:05,30) 700m: 07:29,47 (01:05,10) 800m: 08:34,62 (01:05,15) 900m: 09:39,97 (01:05,35) 1000m: 10:45,44 (01:05,47) 1100m: 11:49,97 (01:04,53) 1200m: 12:54,90 (01:04,93) 1300m: 14:00,12 (01:05,22) 1400m: 15:05,00 (01:04,88) 1500m: 16:08,62 (01:03,62)			
2.	Fink, Thorsten	1982/AK25	SSG Braunschweig	18:23,60
	100m: 01:08,82 (01:08,82) 200m: 02:21,51 (01:12,69) 300m: 03:34,80 (01:13,29) 400m: 04:48,29 (01:13,49) 500m: 06:02,13 (01:13,84) 600m: 07:15,82 (01:13,69) 700m: 08:29,23 (01:13,41) 800m: 09:43,00 (01:13,77) 900m: 10:56,89 (01:13,89) 1000m: 12:11,48 (01:14,59) 1100m: 13:26,39 (01:14,91) 1200m: 14:41,89 (01:15,50) 1300m: 15:57,07 (01:15,18) 1400m: 17:11,23 (01:14,16) 1500m: 18:23,60 (01:12,37)			

3. Peter, Fabian 1981/AK25 SV Garbsen 18:50,39
 100m: 01:07,67 (01:07,67) 200m: 02:21,20 (01:13,53) 300m: 03:35,89 (01:14,69) 400m: 04:51,67 (01:15,78)
 500m: 06:07,76 (01:16,09) 600m: 07:24,26 (01:16,50) 700m: 08:41,60 (01:17,34) 800m: 09:58,20 (01:16,60)
 900m: 11:15,32 (01:17,12) 1000m: 12:31,89 (01:16,57) 1100m: 13:48,57 (01:16,68) 1200m: 15:05,29 (01:16,72)
 1300m: 16:22,02 (01:16,73) 1400m: 17:39,00 (01:16,98) 1500m: 18:50,39 (01:11,39)

Ak 20

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	Haidukiewitz, Andreas	1986/AK20	TSV Quakenbrück	19:06,54
	100m: 01:08,87 (01:08,87) 200m: 02:22,13 (01:13,26) 300m: 03:37,10 (01:14,97) 400m: 04:52,57 (01:15,47)			
	500m: 06:08,80 (01:16,23) 600m: 07:25,86 (01:17,06) 700m: 08:43,54 (01:17,68) 800m: 10:01,42 (01:17,88)			
	900m: 11:19,86 (01:18,44) 1000m: 12:37,07 (01:17,21) 1100m: 13:55,29 (01:18,22) 1200m: 15:13,36 (01:18,07)			
	1300m: 16:31,73 (01:18,37) 1400m: 17:50,23 (01:18,50) 1500m: 19:06,54 (01:16,31)			
2.	Hanft, Mathias	1988/AK20	SC Langenhagen	19:17,95
	100m: 01:08,78 (01:08,78) 200m: 02:23,15 (01:14,37) 300m: 03:41,01 (01:17,86) 400m: 04:59,33 (01:18,32)			
	500m: 06:17,79 (01:18,46) 600m: 07:34,45 (01:16,66) 700m: 08:51,58 (01:17,13) 800m: 10:08,98 (01:17,40)			
	900m: 11:27,29 (01:18,31) 1000m: 12:46,48 (01:19,19) 1100m: 14:04,34 (01:17,86) 1200m: 15:22,03 (01:17,69)			
	1300m: 16:41,19 (01:19,16) 1400m: 17:59,43 (01:18,24) 1500m: 19:17,95 (01:18,52)			
3.	Biermann, Maik	1987/AK20	SSG Braunschweig	19:24,06
	100m: 01:08,28 (01:08,28) 200m: 02:21,44 (01:13,16) 300m: 03:36,34 (01:14,90) 400m: 04:53,13 (01:16,79)			
	500m: 06:10,97 (01:17,84) 600m: 07:29,97 (01:19,00) 700m: 08:49,27 (01:19,30) 800m: 10:09,16 (01:19,89)			
	900m: 11:29,50 (01:20,34) 1000m: 12:50,38 (01:20,88) 1100m: 14:10,09 (01:19,71) 1200m: 15:30,06 (01:19,97)			
	1300m: 16:50,41 (01:20,35) 1400m: 18:09,50 (01:19,09) 1500m: 19:24,06 (01:14,56)			
4.	Gaßmann, Florian	1986/AK20	SV Garbsen	20:01,10
	100m: 01:12,48 (01:12,48) 200m: 02:31,14 (01:18,66) 300m: 03:49,58 (01:18,44) 400m: 05:09,90 (01:20,32)			
	500m: 06:30,79 (01:20,89) 600m: 07:49,10 (01:18,31) 700m: 09:08,92 (01:19,82) 800m: 10:29,66 (01:20,74)			
	900m: 11:50,54 (01:20,88) 1000m: 13:12,36 (01:21,82) 1100m: 14:34,48 (01:22,12) 1200m: 15:57,14 (01:22,66)			
	1300m: 17:18,45 (01:21,31) 1400m: 18:40,92 (01:22,47) 1500m: 20:01,10 (01:20,18)			
5.	Haupt, Felix	1989/AK20	TSV Hohenhameln	21:29,42
	100m: 01:11,89 (01:11,89) 200m: 02:33,32 (01:21,43) 300m: 03:57,51 (01:24,19) 400m: 05:24,23 (01:26,72)			
	500m: 06:50,60 (01:26,37) 600m: 08:18,13 (01:27,53) 700m: 09:46,67 (01:28,54) 800m: 11:14,76 (01:28,09)			
	900m: 12:43,54 (01:28,78) 1000m: 14:11,07 (01:27,53) 1100m: 15:39,42 (01:28,35) 1200m: 17:07,48 (01:28,06)			
	1300m: 18:35,73 (01:28,25) 1400m: 20:04,70 (01:28,97) 1500m: 21:29,42 (01:24,72)			
6.	Stangel, Arne	1988/AK20	SC Langenhagen	22:25,02
	100m: 01:17,20 (01:17,20) 200m: 02:44,45 (01:27,25) 300m: 04:13,39 (01:28,94) 400m: 05:44,16 (01:30,77)			
	500m: 07:13,36 (01:29,20) 600m: 08:44,32 (01:30,96) 700m: 10:15,60 (01:31,28) 800m: 11:47,42 (01:31,82)			
	900m: 13:18,57 (01:31,15) 1000m: 14:50,32 (01:31,75) 1100m: 16:22,36 (01:32,04) 1200m: 17:55,00 (01:32,64)			
	1300m: 19:27,07 (01:32,07) 1400m: 20:59,02 (01:31,95) 1500m: 22:25,02 (01:26,00)			

Abschnittsende: 16:00 Uhr
 Protokollende: 16:20 Uhr

Schiedsrichter weiblich

Schiedsrichter männlich

Protokollführer

